



National Suicide
Research Foundation

Prepared by

The National Suicide Research Foundation

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2012



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Youth Service Inventory



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Foreword

This inventory provides information on relevant support services for young people in Ireland. The inventory was developed in response to numerous requests from professionals, volunteers and young people who expressed a need for an inventory that includes services which young people can turn to for both general and mental health issues. We hope that professionals, volunteers and young people will benefit from the information provided in this inventory.

Every effort has been made to ensure that the information in this booklet is accurate. We apologise if there are any errors or omissions in the text. If you would like to know about the work of the National Suicide Research Foundation or you have any comments on this inventory please contact Ms. Caroline Daly at:

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We hope you find the inventory to be a useful resource

Ms. Caroline Daly
Research Officer

Dr. Ella Arensman
Director of Research

Please note: Organisations and services are listed without prejudice and in good faith. A listing does not represent an endorsement of an organization or service by the National Suicide Research Foundation.

COUNSELLING SERVICES

Service	Cork Counselling Service
Contact details	7 Fr. Matthews St. Cork Tel: 021 427 49 51 Email: info@thecounsellingcentre.ie Website www.thecounsellingcentre.com
Brief description	Provides professional counselling and psychotherapy to deal with depression, bereavement and grief, suicidal behaviour and thoughts, bullying and discrimination, loneliness, sexuality, physical, psychological and sexual abuse and coping with life as a teenager/adolescent
Target group	Young people and adults
Opening hours	Monday-Thursday:9.00am-5.00pm; Friday:9.00am-4.00pm
Cost	Reduced cost counselling. Centre operates according to a persons ability to pay
Referral or appointment	Phone or call into the centre in person

Service	Youth Counselling Service – YMCA
Contact details	11/12 Marlboro Street., Cork Tel: 021 427 01 87/ 021 4273056 Email: ymcacork@indigo.e Website: www.ymcacork.net Facebook: www.facebook.com/people/Ymca-Cork
Brief description	Provides counselling services for young people
Target group	Young people aged 15-28
Opening hours	Monday-Friday 10.00am-5.00pm
Cost	Participants are asked to make donation of €10 per session
Referral or appointment	Ring for an appointment

NOTES

YOUTH WEBSITES

- **www.spunout.ie:** An Irish website discussing all aspects of health, lifestyle, culture and craic! It features a wealth of information on all youth related topics. It is an interactive and inclusive youth focused information centre, featuring a magazine, a forum, a health clinic, a detailed contacts directory, a take action initiative and lots more. Facebook: www.facebook.com/SpunOut
- **www.reachout.com:** An interactive up-to-date site which provides invaluable information to people who are experiencing difficulties or who may be worried about someone. The site features an abundance of information regarding mental health, an opportunity to ask an expert about a difficulty you may face as well as some real life stories, a discussion blog and much more. Facebook: www.facebook.com/ReachOutIreland
- **www.youth.ie:** An informative site which provides information on all aspects relating to youth protection, policy and advocacy in Ireland today. Facebook: www.facebook.com/Youth-Council-of-Ireland
- **www.drugs.ie:** A very helpful and interactive site which provides crucial information regarding drugs and alcohol for teens, parents and carers, as well as a comprehensive service directory. Facebook: www.facebook.com/Drugs.ie
- **www.headstrong.ie:** A youth friendly up-to-date website which details all the aspects of headstrong which aims to change Ireland's perspective of young people's mental health. Jigsaw, a pivotal Headstrong development programme is described in detail as well as providing general information regarding mental health and an interactive blog on the latest issues relating to young people's mental health. Facebook: www.facebook.com/HeadstrongTheNationalCentreforYouthMentalHealth
- **www.mentalhealthireland.ie:** A current website detailing issues relating to the mental and physical health of people in Ireland, including the various ongoing projects nationally which aim to improve wellbeing in Ireland. Facebook: www.facebook.com/Mental.Health.Ireland
- **www.watchyourspace.ie:** A valuable website providing simple information on how to avoid cyber bullying and stay safe online
- **www.bully4u.ie:** An extensive and highly relevant website dealing with bullying in various settings including the school and online setting

Service	Irish Society for the Prevention of Cruelty to Children (ISPCC)
Contact details	1st Floor, Penrose Wharf, 4/5 Alfred Street, Cork Tel: 021 450 95 88; Helpline: 1800 66 66 66 Email: Cork@ispcc.ie Website: www.ispcc.ie Facebook: www.facebook.com/ISPCCChildline
Brief description	Provides counselling and therapeutic service and a 24hr helpline. Also provides a 6 month mentoring programme that provides a listening service and support for young people
Target group	0-17 years old
Opening hours	Monday-Friday: 9.00am-1.00pm
Cost	Free
Referral or appointment	Referral necessary from parents or professionals for mentoring programme

Service	Irish Association for Counselling and Psychotherapy (IACP)
Contact details	21 Dublin Road, Bray, County Wicklow Tel: 01 272 34 27 Email: iacp@irish-counselling.ie Website www.iacp.ie Facebook: www.facebook.com/IACP
Brief description	Provides professional counselling and psychotherapy to deal with depression, bereavement and grief, suicidal behaviour and thoughts, bullying and discrimination, loneliness, sexuality, physical, psychological and sexual abuse and coping with life as a teenager/adolescent
Target group	Young people and adults
Opening hours	Monday-Friday: 9.00am-5.00pm
Cost	Varies. Some operate on person's ability to pay
Referral or appointment	Provides a telephone referral helpline to potential clients. This service is for everyone and involves providing the caller with the details of the Counselling / Psychotherapists nearest to them

BEREAVEMENT SUPPORT SERVICES

Service	Barnardos Counselling for Children
Contact details	The Bowling Green, White St., Cork Tel: 021 431 05 91; Helpline: 01 473 21 10 Email: bereavement@cork.barnardos.ie Website www.barnardos.ie Facebook: www.facebook.com/Barnardos
Brief description	Provides information, counselling and therapy to bereaved children and their families. Early intervention and long term bereavement counselling service to children and their families after a sudden death. Provides a helpline for those concerned about a grieving child as well as training for groups who work with bereaved children
Target group	Bereaved children and their families
Opening hours	Monday-Friday: 9.00am-5.00pm
Cost	Free, donations are welcome
Referral or appointment	Referrals accepted from any source with the consent of parents/ carers. Referral can be made through contacting the helpline or the Cork branch. There is a waiting list of approx. 3 months

INFORMATION SERVICES

Service	Cork Youth Information Centre
Contact details	11/12 Marlboro St, Cork City Tel: 021 427 0187 Email: yiccork@iol.ie Web: www.youthinformatincentre.ie
Brief description	Provide youth focused information regarding education, training, employment, CAO and grant queries and a CV service
Target group	Young people
Opening hours	Monday-Thursday: 9.30am-5.30pm; Friday: 9.30am-5.00pm
Referral or appointment	Drop in

Service	Cloyne Diocesan Youth service (CDYS)
Contact details	Mallow Office: Mallow Youth Centre, New Road Mallow, Tel: 022 53526/ 022 535267; Fermoy Office: Fermoy Youth Centre, Old Eircom Biding, Pike Road, Fermoy, Tel: 025 51887; Cobh Office: Cobh Youth Centre, Parish Centre, Roches Row, Cobh, Tel: 021 4816308; Macroom Office: Macroom Youth Centre, Fitzgerald House, Main St, Macroom, Tel: 086 8031109; Midleton Office: Midleton Office, 2 Millbrook Crescent, Mill Rd, Midleton, Tel: 086 8031200. Web: www.cdys.ie Facebook:www.facebook.com/CDYS-Youth-Work-Ireland
Brief description	Provides many youth focused services. CDYS provides various trainings, a mentoring service, counselling in grief, services for teens experiencing parental separation/ divorce and sports and music developmental programmes
Target group	Young people
Opening hours	Varied
Referral or appointment	Drop-in or call for an appointment

Service	Samaritans
Contact details	7/8 Coach St, Cork City Tel: 021 427 1323; Helpline: 1850 609 090 Email: jo@samaritans.org Website: www.samaritans.org/ http://www.corksamaritans.ie Facebook: www.facebook.com/Samaritanscharity
Brief description	Provides a confidential, non-judgemental listening service for people of any age experiencing difficulty. You may also write to your local branch
Target group	All ages
Opening hours	24 hour helpline. Cork centre opens Monday-Friday: 9.00am-10.00pm
Cost	Helpline calls are the cost of a local call

PSYCHOLOGICAL SERVICES

Service	Child Adolescent and Family Psychology Services (HSE South, Cork & Kerry)
Contact details	Tel: North Lee: 021 492 71 40; South Lee: 021 492 31 46; North Cork: 022 587 30; West Cork: 028 405 83; Kerry: 066 719 97 09
Brief description	Provides assessment and therapy for children and adolescents (0-18 years) and their families/ carers who present with a broad range of social, emotional, behavioural and psychological problems. Deals with sleeping disorders, behavioural problems, family and relationship difficulties, abuse, neglect and adjustment to separation grief, illness and trauma
Target group	Children, adolescents and their families/ carers in the HSE South
Opening hours	Monday-Friday 9.00am-5.00pm. Closed for lunch 1.00pm-2.00pm Cork; 1.30pm-2.30pm Kerry
Referral or appointment	Open referral policy. Referrals accepted from parents/carers/health professionals and teachers concerned about a young person. Referrals must be made in writing using referral forms

GENERAL PRACTITIONERS

Service	GP Out of Hours Service (SOUTHDOC)
Contact details	Tel: 1850 33 59 99 Email: Info@southdoc.ie Web: www.southdoc.ie
Brief description	Provides you and your family with an experienced local family doctor outside normal surgery hours
Target group	For patients with urgent medical problems in need of a doctor outside normal surgery hours
Opening hours	Monday-Friday 6.00pm-8.00am and 24hrs a day on weekends and bank holidays
Cost	Varies, average of €60
Referral or appointment	Ring for an appointment

General Practitioners in co. Cork with a special interest in deliberate self harm and suicidal behaviour

Dr Martina Kelly

The Park Family Practice
Lower Friars Walk
Cork
021 432 38 44

Dr Patrick Ryan

The Park Family Practice
Lower Friars Walk
Cork
021 432 38 44

Dr Brian Jordan

Medical Centre
Suncourt
Middleton
Cork
021 463 12 34

Dr Michael Ryan

4 Main Street
Ballincollig
Cork
021 487 16 95

NATIONAL SUPPORT SERVICES AND HELPLINES

Service	Aware
Contact details	72 Lower Leeson St, Dublin Tel: 01 661 7211; Helpline: 1890 303 302 Email: info@aware.ie; Support: wecan-help@aware.ie Website: www.aware.ie Facebook: www.facebook.com/AwareIreland
Brief description	Provides a confidential and non-judgemental listening service for people affected by depression themselves or as family or friends. You can call the helpline if you are distressed, need someone to talk to or if you are worried about someone who may be depressed. Aware also provides an email support service for the same purpose which is operated by trained volunteers.
Target group	All ages
Opening hours	Helpline: Monday-Wednesday: 10.00am-10.00pm; Email Support: Monday-Friday: 9.00am-5.00pm
Cost	Helpline calls are the cost of a local call

Service	Childline
Contact details	Freephone Helpline: 1800 666 666 Teentxt: "Talk" to 50101 Website: www.childline.ie Facebook: www.facebook.com/ISPCChildline
Brief description	Provides a free and confidential service for young people up to 18 years of age. Childline provides support to young people through our listening service. You may also leave a public or private message on the website.
Target group	Children and young people
Opening hours	24 hours
Cost	Free

Service	Gay Project Cork
Contact details	8 South Main St, Cork City Tel: 021 4304884 Email: info@gayprojectcork.com Web: www.gayprojectcork.com Facebook: www.facebook.com/Cork-Gay-Project
Brief description	Provides confidential and non-judgemental support and information. Also provides parental support, an outreach programme for secondary schools, social and sporting activities and awareness and education programmes
Target group	Gay, lesbian, bisexual and transgender people of all ages, and their family members
Opening hours	Helpline: Tuesday-Wednesday: 7.00pm-9.00pm
Referral or appointment	Drop in

Service	L.linc (Lesbians in Cork)
Contact details	11A White Street, Cork City Tel: 021 4808600 Email: info@linc.ie Web: www.linc.ie Facebook: www.facebook.com/LINCork
Brief description	Provides a safe and support environment to socialise and get information, advice or just a free coffee and chat. One-to-one support is provided, as well as mediation and positive mental health education programmes
Target group	Lesbian, bisexual and transgender females aged 17-21
Opening hours	Monday-Wednesday: 11.00am-3.00pm; Thursday: 11.00pm-8.00pm
Referral or appointment	Drop in or call for an appointment

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMH'S)

CAMHS offers assessment, intervention and therapeutic services to families with children who display symptoms of emotional or behavioural issues including: suicidal thoughts, self harm, depression and eating disorders. Referrals are accepted primarily from GP's but also other Health Professionals. Emergency referrals are always arranged through GP's.

HEALTH SERVICES

Service	HSE Infoline- Information Line
Contact details	Tel: 1850 24 18 50 Email: info@hse.ie
Brief description	Provides the public with easy access to information on over 100 health and social service topics
Target group	Everybody
Opening hours	Monday-Saturday: 8.00am-8.00pm
Cost	Cost of a local call

Service	Youth Health Service
Contact details	73 Shandon Street Cork Tel: 021 422 04 90/ 021 422 04 91 Email: YHS@hse.ie
Brief description	Provides free, non judgemental crisis pregnancy counselling, pregnancy testing, STI service, family planning, drug & alcohol support, and general welfare information for young people and parents
Target group	Young people under 25
Opening hours	Monday: 9.00am-4.00pm (Closed 2.30-3.30) ; Tuesday: 9.30am-4.00pm; Wednesday: 9.30am-6.30pm; Thursday: 9.30am-8.30pm; Friday: 8.30am-3.30pm (Closed 1.00pm-2.00pm)
Cost	Free
Referral or appointment	People can self refer or be referred. An appointment may be necessary for clinical services.

SEXUAL HEALTH SERVICES

Service	Sexual Health Centre
Contact details	16 Peters Street Cork Tel: 021 427 66 76 Email: info@sexualhealthcentre.com Web: www.sexualhealthcentre.com Facebook: www.facebook.com/The-Sexual-Health-Centre
Brief description	Provides one-to-one helpline for young people by young people. Provides information and support on HIV/AIDS, sexual health and drugs awareness as well as a counselling service
Target group	Young people
Opening hours	Monday-Friday: 10.00am-5.00pm
Cost	Free
Referral or appointment	Appointment can be arranged over the phone

Service	G.U.M Clinic/ S.T.I Clinic
Contact details	South Infirmary/ Victoria Hospital Complex, Old Blackrock Road Cork Tel: 021 496 68 44
Brief description	Provides confidential diagnosis and treatment of sexually transmitted infections. Also provides HIV testing, contact tracing and general health advice
Target group	All ages
Opening hours	Monday, Tuesday & Thursday: 9.30am-11.45am; Wednesday: 9.30am-11.45am, 2.15pm-4.30pm
Cost	Free
Referral or appointment	Appointment can be arranged over the phone

SEXUALITY SUPPORT SERVICES

Service	The Other Place Cork
Contact details	8 South Main Street ,Cork City Tel: 021 427 84 70 Email: info@theotherplacecork.com Web: www.theotherplacecork.com Facebook: www.facebook.com/theotherplace
Brief description	The Other Place is Cork's lesbian, gay, bisexual and transgender social centre and café. It provides a comfortable place for the lesbian, gay, bisexual and transgender community to meet. It holds regular events and group meetings
Target group	All ages
Opening hours	Tuesday-Wednesday: 4.00pm-9.00pm; Thursday-Friday: 1.00pm-6.00pm; Saturday: 2.00pm-6.00pm

Service	Gay Switchboard
Contact details	105 Capel St., Dublin 1 Tel: 01 872 10 55 Email: info@gayswitchboard.ie Web: www.gayswitchboard.ie Facebook: www.facebook.com/Gay-Switchboard-Dublin
Brief description	Provides confidential and non-judgemental support and information. It also provides a married men's group and telephone and person-to-person parental support
Target group	Gay, lesbian, bisexual and transgender people of all ages, and their family members
Opening hours	Monday-Friday 7.00pm-9.00pm; Saturday: 4.00pm-6.00pm

PREGNANCY SUPPORT SERVICES

Service	CURA
Contact details	34 Paul St., Cork City Tel: 021 427 75 44; Helpline: 1850 62 26 26 Email: curacares@cura.ie Web: www.cura.ie
Brief description	CURA provides various confidential counselling and support services to people experiencing a crisis pregnancy. These include pregnancy testing, post abortion counselling, counselling support for the mother, father and extended family during and after pregnancy and also providing information regarding social welfare entitlements, accommodation, fostering and adoption
Target group	Anyone experiencing a crisis pregnancy, including friends and family members
Opening hours	Helpline: Monday-Friday: 9.30am-9.00pm; Saturday: 9.30am-5.00pm Centre: 11.00am-4.00pm Monday-Friday
Cost	Free
Referral or appointment	Drop-in facility or ring for an appointment

Service	LIFE (Pregnancy Care Service)
Contact details	123 Patrick St., Cork City Tel: 021 427 04 45; Helpline: 1850 281 281 Text: 086 6638253/ 086 2133796 Email: life@life.ie Web: www.life.ie
Brief description	LIFE provides confidential counselling and support to people experiencing a crisis pregnancy. These include pregnancy testing, post abortion counselling. Also provided is information regarding welfare entitlements and fostering and adoption
Target group	Anyone experiencing a crisis pregnancy
Opening hours	Monday-Friday: 10.00am-5.00pm; Saturday: 2.00am-4.00pm
Cost	Free
Referral or appointment	Drop-in facility or ring for an appointment

DRUG & ALCOHOL ADDICTION SUPPORT SERVICES

Service	Arbour House
Contact details	St. Finbarr's Hospital, Douglas Road, Cork Tel: 021 496 89 33
Brief description	Specialist unit for alcohol and drug abuse prevention and treatment. Provides youth treatment programme in two phases: intensive and re-entry. The intensive phase is based on the needs of the individual and clients attend a structured five day programme including weekend activities. The re-entry phase lasts for 12 months and involves assisting the young person to return to school/work, family and community life.
Target group	All ages
Opening hours	Monday-Friday: 9.00am-5.00pm
Referral or appointment	Referrals accepted from clients, family members, GP's, probation service, social service and hospital services. Appointment can be arranged over the phone

Service	Drug Awareness Programme
Contact details	The Red House, Clonliffe College, Dromcondra, Dublin 3 Tel: 01 836 09 11 Email: info@drugawareness.ie Web: www.dap.ie/dap_youth/index.htm Facebook: www.facebook.com/Drugs.ie
Brief description	Provides a range of services including drug education, training, information, support, counselling and consultancy. Also provides live online interactive help sessions
Target group	All ages
Opening hours	Monday-Friday: 9.00am-5.00pm; Live sessions Monday-Friday: 10.00am-2.00pm

Service	Matt Talbot Service
Contact details	Trabeg Lawn, Rockview, Old Douglas Road, Cork Tel: 021 489 64 00 Email: mtf@eircom.net Web: www.mtas.ie Facebook: www.facebook.com/MattTalbotServices
Brief description	Provides a continuum of care including engagement, assessment, treatment and aftercare to the young person and his family
Target group	14– 23 year old males
Opening hours	Monday-Friday: 9.00am-5.30pm
Referral or appointment	Appointment can be made over the phone

Service	Counselling and Advisory Service (Drugs & Alcohol)
Contact details	North Cork: 10 Church St. (Off Shandon St.) Cork Tel: 021 421 23 82 East Cork: C/o Arbour House Treatment Centre, St. Finbarr's Hospital, Douglas Rd, Cork. Tel: 021 496 89 33 West Cork: Counselling & Advisory Service Medical Centre, Market Street, Skibbereen, Cork Tel: 028 234 56
Brief description	Provides addiction treatment services including consultations and assessment
Target group	Individuals all ages with drug/ alcohol problems
Referral or appointment	Self-referral or a concerned person may make initial contact

Service	Sexual Assault Treatment Unit
Contact details	Tel: South Infirmary/ Victoria Hospital Tel: 021 4926297/ 021 4926100 Email: satu@sivuh.ie Web: www.sivuh.ie
Brief description	Provides a specialised unit in hospitals where clients who have experienced rape or sexual assault can receive an examination. Also provided is emotional and practical support, contraception services and pregnancy testing, screening for sexually transmitted infections, and direction to appropriate follow-on services i.e. Gardai, Sexual Violence Centre
Target group	Persons aged 14 and over who have experienced rape, sexual assault within the previous 7 days
Opening hours	Monday-Friday: 8.30am-4.30pm contact Finola Tobin
Cost	Free
Referral or appointment	Can be accessed via the Gardai, GP, Sexual Violence Centre, Emergency or self-referral

AN GARDA SOCIAHANA

Service	Garda Juvenile Liaison Scheme
Contact details	Tel: Anglesea St: 021 452 20 64; Mayfield: 021 450 11 45; Watercourse Rd: 021 450 33 56; Together: 021 496 26 11; Gurrabraher: 021 439 50 43; Middleton: 021 463 13 24; Fermoy: 025 312 22; Bandon: 023 522 00; Bantry: 027 500 45
Brief description	Juvenile Officers provide support to young people in the community who may be having problems with the Gardai. They are also involved in restorative justice, a process where the perpetrator, victim and family and friends meet to discuss the effects of crime on the victims
Target group	Young people who have come into contact with the Gardai

Service	Sexual Violence Centre Cork
Contact details	5 Camden Place, Cork City Tel: 021 450 55 77; Helpline: 1800 49 64 96 Text: 087 153 33 93 Email: info@sexualviolence.ie Web: www.sexualviolence.ie Facebook: www.facebook.com/pages/Sexual-Violence-Centre-Cork
Brief description	Provides a range of free confidential services to survivors of rape, sexual assault and child sexual abuse, all provided by highly experienced professional staff. Provides one-to-one counselling, support for families, accompaniment for clients, victim impact report preparation and training for students and organisations
Target group	Persons who have experienced rape, sexual assault and survivors of child sexual abuse
Opening hours	The centre is on call 24 hours a day to the sexual assault treatment units in Irish hospitals
Cost	Free
Referral or appointment	Open referral policy

Service	Al-Anon & Al-Ateen
Contact details	PO Box 55, Togher, Cork Tel: 021 4311899; 1 8732699 Email: info@al-anon-ireland.org Web: www.al-anon-ireland.org Facebook: www.facebook.com/Al-AnonAlateen
Brief description	Al-Ateen is part of the Al-Anon fellowship and is for young people, aged 12-17, who are affected by a problem drinker. It provides help through meetings in which people share their experiences and provide strength and hope to one another
Target group	Family and friends of people with an alcohol problem
Opening hours	Monday-Friday: 10.30am-2.30pm
Referral or appointment	Meetings: Monday: Liberty St., St. Francis Friary: 8.30pm Thursday: Trinity, Holy Trinity Friary: 8.30pm Sunday: SMA Hall, Wilton: 7.30pm

EATING DISORDERS & BODY IMAGE

Service	Bodywhys-The Eating Disorders Association of Ireland
Contact details	Bodywhys-The Eating Disorders Association of Ireland, PO Box 105, Blackrock, Dublin Tel: 01 283 49 63; Helpline: 1890 200 444 Email: info@bodywhys.ie Web: www.bodywhys.ie Facebook: www.facebook.com/Bodywhys
Brief description	Provides several confidential, non-judgemental services to people affected by eating disorders. Helpline offers support to those suffering from eating disorders or those who may know them. Provides two support groups, one for the individual and one also for family and friends in various locations around the country. Also provides a weekly support group BodyConnect (7.30 to 9.00pm) for those aged 19+years suffering from eating disorders. Provides a weekly support group YouthConnect (Sunday: 7.30 to 9.00pm) for those aged 13-18 years suffering from eating disorders. Online support groups are facilitated by 2 trained facilitators. Email support is available to persons affected by eating disorders. All such requests can be made to alex@bodywhys.ie and you are ensured a response within 3 days. Two message boards (one for those 25 and under, another for those over 25) is provided which acts as a forum for those affected to share their stories with others in the same situation
Target group	All ages
Opening hours	Monday: 7.30pm-9.30pm Tuesday: 10.30am-12.30pm Wednesday: 7.30pm-9.30pm Thursday: 10.30am-12.30pm Friday: 10.30am-12.30pm Sunday: 7.30pm-9.30pm
Cost	Free

ABUSE INTERVENTION AND SUPPORT

Service	CARI (Children at Risk in Ireland) Cork
Contact details	Cork Centre Dominican Centre, Popes Quay, Cork Tel: 061 58 22 24; Helpline: 1890 92 45 67 Email: info@cari.ie; helpline@cari.ie Web: www.cari.ie Facebook: www.facebook.com/caripage
Brief description	Provides several support services for young people (up to 18 years) and their families whose lives have been disrupted by experiences, exposures to, or allegations of sexual violence, including support, counselling and information for non-abusing family members. CARI also provides information to members of the public who are concerned about child sexual abuse as well as training, supervision and consultation to agencies and professionals on issues relating to child sexual abuse. Telephone support and information is provided nationally by CARI. Face to face advice appointments are available for adults with child protection concerns long with individual counselling and psychotherapy for children, and therapeutic support for their parents and carers.
Target group	Children and adolescents (up to 18 years, families and those affected by child sexual abuse)
Opening hours	Cork Centre: Monday-Tuesday: 9.30am-5.30pm Helpline: Monday-Friday:9.30-5.30pm
Cost	Services are offered regardless of means which allows anyone to receive help. A nominal fee may be suggested where appropriate but this is negotiable and donations are welcome
Referral or appointment	By referral made directly by telephone, letter or through an advice consultation booked over the phone