

National Suicide Research Foundation

Annual Report



NSRF
National Suicide
Research Foundation

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Compiled and designed by Emer O`Callaghan, NSRF.

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National Suicide Research Foundation

Table of Contents

Foreword	4
About Us	6
Highlights	7
The Team	8
Research Overview	15
Surveillance Systems	20
Research	23
Publications	33
Public Engagement	45
Financial Statements	50

Foreword

This Annual Report serves a dual purpose. It contains the Members' Report and Financial Statements for the year ended December 31st 2015, as tabled at the meeting of the Executive Committee of the National Suicide Research Foundation (NSRF) on May 11th 2016 and as will be tabled at the Annual General Meeting of the Board of Members to be held on December 2nd 2016. The Annual Report also contains a summary report on the research and associated activities undertaken by the team in 2015/2016.

The NSRF is a Limited Company Number 224676 and has been granted Charitable Status by the Office of the Revenue Commissioners – CHY 11351.

The NSRF is in receipt of funding from the Health Service Executive's National Office for Suicide Prevention for the running of the National Self Harm Registry Ireland and agreed research projects that are in line with the objectives of *Connecting for Life*, Ireland's National Strategy to Reduce Suicide 2015-2020. Additionally, the NSRF has a long track record in obtaining grant funding from agencies such as the European Commission and the Health Research Board of Ireland. A breakdown of the Income and Expenditure 2015, in respect of the different tranches of funding, is contained in the Financial Statements 2015 on Page 50.

In accordance with the Companies Act 2014, the Financial Statements 2015 have been prepared by independent auditors H&A Accounting Services Limited t/a Hickey & Associates, Cork. They have been approved by the members of the Executive Committee and have been submitted to the Companies Registration Office. The turnover in 2015 was €1,428,192 and the net surplus for the year after taxation was €7,282. The NSRF employed forty one people during 2014. Costs in respect of salaries and pensions amounted to €1,010,342 and social security costs were €100,451. The total liability to the Revenue Commissioners in respect of 2015 PAYE/PRSI/USC was €301,830. We are grateful to Ms Shelley Meenehan of Hickey & Associates for her sterling work on the audit of the NSRF accounts.

The NSRF was established by the late Dr Michael J Kelleher in November 1994. The mission then, and now, is to provide a nationally and internationally recognised body of reliable knowledge from a multi-disciplinary perspective on the risk and protective factors associated with suicidal behaviour with an ultimate aim of providing a solid evidence base for policy development and intervention in the prevention of suicide and the management of patients presenting with self-harm. The NSRF relocated to the Western Gateway Building in University College Cork in 2012 following Professor Ivan J Perry's successful bid for a capital grant to the Higher Education Authority under the Programme for Research in Third Level Institutions, to establish the National Health Services Research Institute.

In 2015, the NSRF co-ordinated 22 research projects in the area of suicide, self-harm and related mental health issues including the evaluation of intervention and prevention programmes for suicide and self-harm.

The NSRF meets requests for information from a wide range of stakeholders in policy, health and social services on a weekly basis. In addition, the NSRF receives an increasing number of requests for information and advice from the general population. The NSRF contributes to surveillance, research, implementation, evaluation and the evidence base relating to strategic goals and actions of *Connecting for Life*, 2015-2020.

The NSRF contributed intensively to the development of the new strategy, *Connecting for Life*, Ireland's National Strategy to Reduce Suicide 2015-2020 that was launched in June 2015 by An Taoiseach, Enda Kenny TD and Minister for Primary Care, Mental Health and Disability, Kathleen Lynch TD. Dr Shekhar Saxena, Director of Mental Health and Substance Abuse at the World Health Organisation was present at the event. Professor Ella Arensman was a member of the Strategic Planning Oversight Group for the development of the strategy and Vice Chair of the Research Advisory Group. Professor Arensman in collaboration with Professor Steve Platt, was intensively involved in

writing and editing the *Connecting for Life* document. Eileen Williamson was a member of the Writing Group and the Communications Group. The majority of the strategic goals and actions included in the new strategy are informed and supported by research conducted by the NSRF.

Following a selection procedure in UCC, Professor Arensman and the NSRF were successful in the 2015 funding programme of the Health Research Board - Research Leadership Award in connection with the 5-year research programme: "Individual and Area Level Determinants of Self-Harm and Suicide in Ireland: Enhancing Prediction, Risk Assessment and Management of Self-Harm by Health Services".

In 2015, the NSRF was intensively involved in the development of new research projects and the wider implementation of evaluated existing research projects, for example the Suicide Support and Information System Psychological Autopsy Model in collaboration with the Donegal Mental Health Service, and the HRB 5-year research programme, with clear links with *Connecting for Life* priorities and actions.

In December 2015, the NSRF was designated by the World Health Organisation as a WHO Collaborating Centre for Surveillance and Research in Suicide Prevention. In this regard, the NSRF is the fourth research centre in the world recognised by the WHO as a centre of excellence in suicide research and prevention.



Eileen Williamson
Executive Director

In 2015, the NSRF worked intensively with the WHO to develop a Practice Manual for Establishing Surveillance Systems for Suicide Attempts and Self-harm. This resulted in a first collaborative publication with the WHO in June 2016: World Health Organization (2016). Practice Manual for Establishing and Maintaining Surveillance Systems for Suicide Attempts and Self-harm.

In 2015, NSRF staff members were involved in 11 papers published in peer-review journals, including a number of high impact journals. In addition, NSRF staff members presented more than 70 lectures at local, national and international seminars and conferences.

In 2015, Professor Arensman was re-elected as President of the International Association for Suicide Prevention (IASP), which has members in more than 70 countries and is working in official relations with the WHO.

We would like to thank the members of the NSRF team for their dedication and hard work in 2015 and look forward to continuing to work together in efforts to provide the strong research base necessary to underpin efforts in addressing the significant public health issue that is suicide.



Professor Ella Arensman
Director of Research

About Us

Who Are We

The National Suicide Research Foundation is an independent, multi-disciplinary research unit that investigates the causes of suicide, self-harm and related mental health and social factors in Ireland. The unit has a long-standing link with the Department of Epidemiology and Public Health in University College Cork and is located in the Western Gateway Building in University College Cork as part of the National Health Services Research Institute.

The members of the research team come from a broad range of disciplines, including psychology, psychiatry, medicine, sociology, epidemiology, public health, biostatistics and health services research.

In December 2015, the National Suicide Research Foundation was designated by the World Health Organisation as a WHO Collaborating Centre for Surveillance and Research in Suicide Prevention.

What We Do

The National Suicide Research Foundation undertakes research into varying topics relating to suicide and self-harm and, accordingly, provides the knowledge base for suicide prevention, intervention and postvention strategies.

Our Aims

1. To Examine: By monitoring trends, risk factors and protective factors associated with suicide and self-harm
2. To Intervene: By applying evidence-informed interventions at a local, national and international level
3. To Translate: By translating and disseminating research in order to inform and impact on policy and practice

The Outcome

A solid evidence base for:

- Policy development and intervention regarding the prevention of suicide
- The management of patients presenting to Emergency Departments with self-harm.

Research

71 Presentations



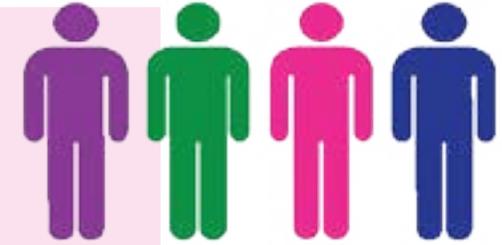
11 publications



41 staff members

Personnel

6 volunteers



18 board members



Highlights of 2015



€1.4 million turnover

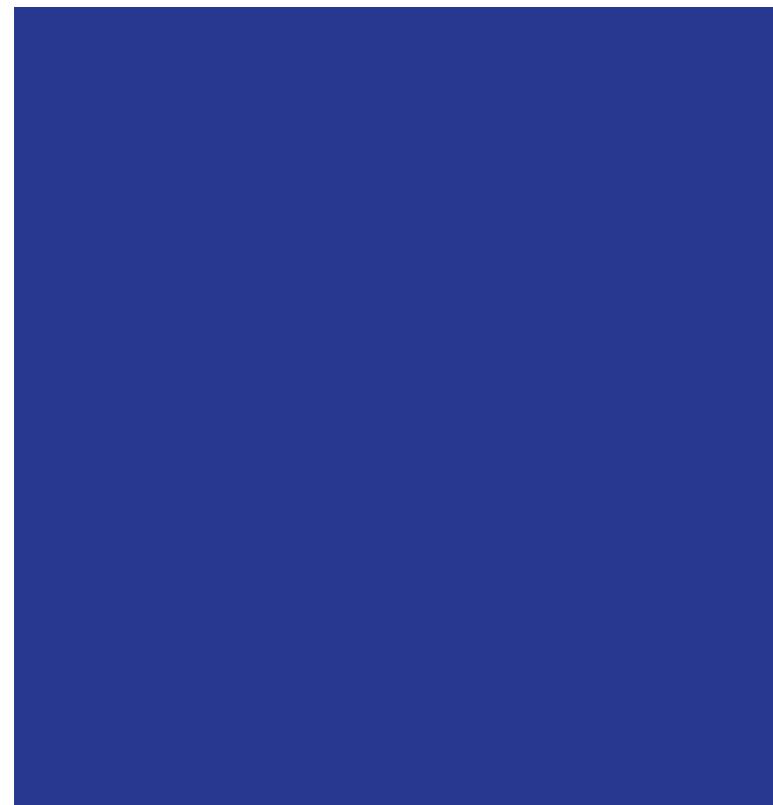
Financial Statements



Over 1770 Facebook likes
658 Twitter Followers

Public Engagement

The Team





National Suicide Research Foundation



Board of Members

Professor Ella Arensman

Director of Research,
National Suicide Research Foundation,
Research Professor Department
of Epidemiology & Public
Health University College Cork,
President of the International Association of
Suicide Prevention

Mrs Patricia Behan

Founder of Suicide Aware Ireland

Professor Colin Bradley

Professor/Head Department of General
Practice University College Cork

Bishop John Buckley

Catholic Bishop of Cork & Ross

Professor Patricia Casey

Professor of Psychiatry,
University College Dublin
Consultant Psychiatrist at the Mater
Misericordiae University Hospital

Dr Eugene Cassidy

Consultant Liaison Psychiatrist,
Cork University Hospital

Bishop Paul Colton

Anglican Church of Ireland Bishop of Cork,
Cloyne and Ross

Dr Paul Corcoran

Senior Lecturer in Perinatal Epidemiology
at the National Perinatal Epidemiology
Centre (NPEC) Department of Obstetrics
& Gynaecology and Department of
Epidemiology & Public Health University
College Cork

Mr Dave Drohan

South Regional Director Resilience Ireland
Former General Manager HSE South

Dr Birgit Greiner

Senior Lecturer, Department of
Epidemiology & Public Health University
College Cork

Mr Bertie Kelleher

Retired Principal Colaiste an Spiorad Naomh
Cork

Dr Margaret Kelleher

General Practitioner Cork
Medical Director National Suicide Research
Foundation

Mr Patrick Madden

Former CEO Mercy University Hospital Cork
Former Programme Manager Mental Health
HSE South

Mr James McCarthy

Transaction Advisory Services Associate
Director, Ernest & Young, Cork

Mr Barry McGale

Former Suicide Liaison Officer at Western
Health & Social Care Trust Derry Northern
Ireland

Mr Tom O' Dwyer

Self Employed Consultant
Former Programme Manager Community
Care HSE South

Mr Mike O'Sullivan

CEO Nano Nagle Place Cork

Professor Ivan J Perry

Professor/Head of the Department of
Epidemiology & Public Health University
College Cork
Principal Investigator HRB Centre for Health
& Diet Research

Eileen Williamson

Executive Director,
Company Secretary,
National Suicide Research Foundation

Executive Committee

Dr Eugene Cassidy

Consultant Liaison Psychiatrist, Cork University Hospital

Mr Dave Drohan

South Regional Director Resilience Ireland
Former General Manager HSE South

Dr Margaret Kelleher

General Practitioner Cork
Medical Director National Suicide Research Foundation

Mr Patrick Madden

Former CEO Mercy University Hospital Cork
Former Programme Manager for Mental Health HSE South

Mr James McCarthy

Transaction Advisory Services Associate Director,
Ernest & Young, Cork

Mr Barry McGale

Former Suicide Liaison Officer at Western Health
& Social Care Trust Derry Northern Ireland

Mr Mike O'Sullivan

CEO Nano Nagle Place Cork

Professor Ivan J. Perry

Professor/Head of the Department of Epidemiology
& Public Health University College Cork
Principal Investigator HRB Centre for Health & Diet Research

Steering Group

Professor Ella Arensman

Director of Research, National Suicide Research Foundation,
Research Professor Department of Epidemiology
& Public Health University College Cork
President of the International Association of Suicide Prevention

Eileen Williamson

Executive Director
Company Secretary
National Suicide Research Foundation

Steering Group Main Tasks and Objectives

- Strategic planning and decision making on research and related activities of the NSRF
- Management, training and supervision of all research projects and staff working with the NSRF
- Acquisition of funding for core research projects and pursuing developmental funding for research innovation
- Ensuring dissemination of the outcomes of the NSRF's research projects in high quality reports and peer review papers, and its impact on policy and practice
- Ensuring multidisciplinary and interdisciplinary collaboration with relevant agencies and stakeholders at national and international level

Personnel

Professor Ella Arensman

Director of Research

Marco Bennardi

MARATONE Student Marie Curie Funded Project

Dr Paul Corcoran

Senior Statistician

Dr Colette Corry

Senior Research Officer Donegal Project

Caroline Daly

PhD Scholar

Research Officer International Association for Suicide Prevention

Dr Martin Davoren

Research Officer SSIS-ACE Project

Dr Christina Dillon

Data Manager

National Self Harm Registry Ireland
Post Doctorate Researcher

Hugh Duane

NOSP Information Officer

Anne Fitzpatrick

Business Manager

Dr Eve Griffin

Manager

National Self Harm Registry Ireland
Senior Post Doctorate Researcher

Tiernan Hourihan

Research Support Officer Technical

Dr Celine Larkin

Project Co-ordinator SSIS-ACE Project

Dr Dorothy Leahy

Post Doctorate Researcher HRB RLA

Dr Sara Leitao-Alexandre

Research Officer SSIS ACE Project

Dr Elaine McMahon

Research Fellow HRB ICE Programme

Jacklyn McCarthy

Research Officer SSIS ACE Project

Niall McTernan

Research Support Officer

Emilie Mullins

Research Officer SSIS ACE Project

Emer O'Callaghan

Research Support Officer Communications

Gretta O'Connell

Research Officer Evaluation of Erris Social Prescribing Project, SSIS ACE Project

Grace O'Regan

PhD Student HRB RLA

Research Officer

Ailbhe Spillane

SPHeRE HRB Scholar

Amanda Wall

Data Manager

National Self Harm Registry Ireland

Brian Waters

Research Support Officer Technical

Eileen Williamson

Executive Director

National Dialectical Behaviour Therapy (DBT) Project

Louise Dunne

Administrator

Conall Gillespie

Research Officer

Justina Hurley

Research Officer

Paula Hurley

Research Officer

Dr Mary Joyce

Project Co-ordinator

Siobhan O'Connor

Research Officer

Catalina Suarez

Research Officer

Mareike Weihrauch

Research Officer

Post-Doctoral Team

Dr Colette Corry

Dr Martin Davoren

Dr Christina Dillon

Dr Eve Griffin

Dr Mary Joyce

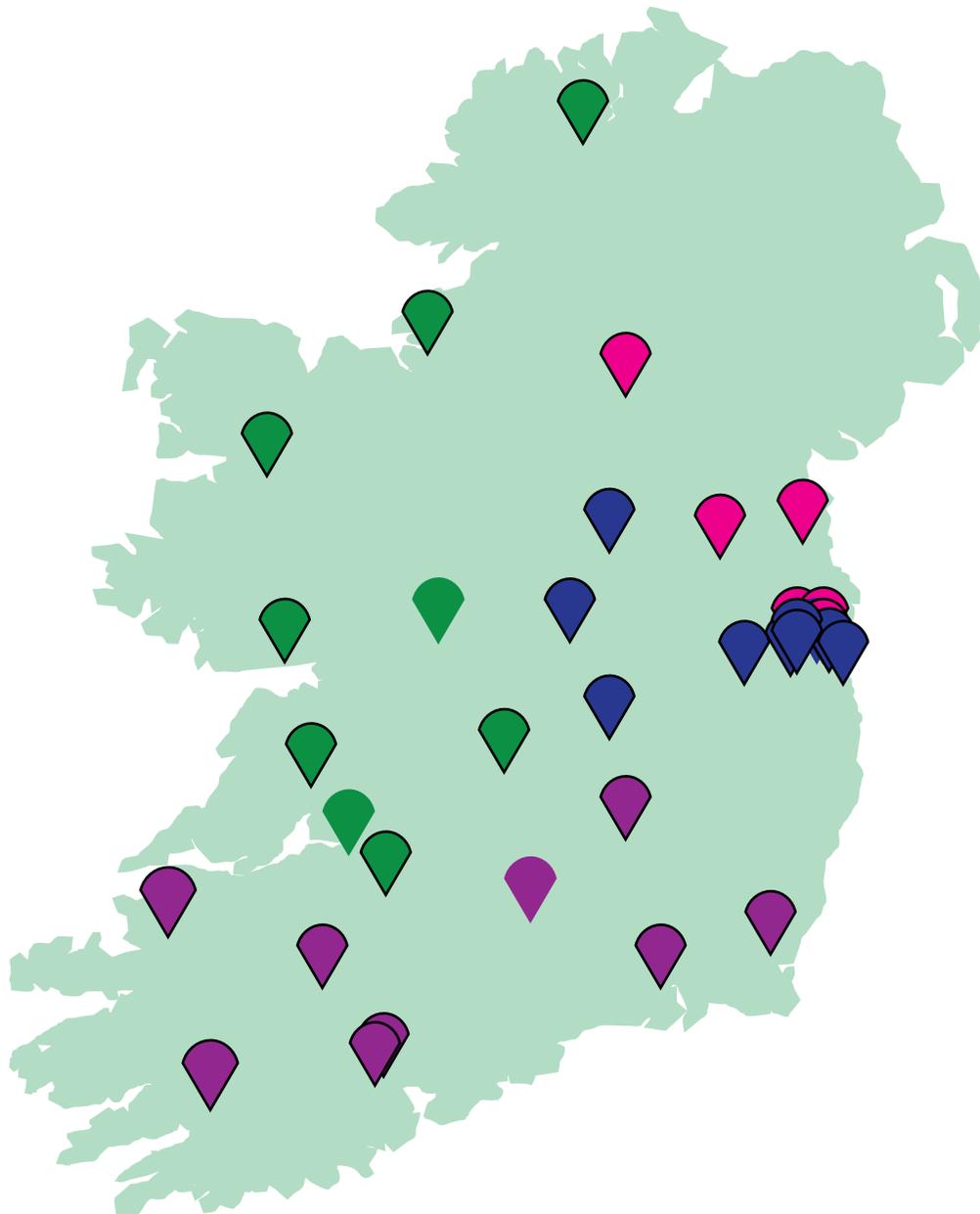
Dr Celine Larkin

Dr Dorothy Leahy

Dr Sara Leitao-Alexandre

Dr Elaine McMahon

Data Registration Officers



The Data Registration Officers (DRO's) collect data based on self-harm presentations to emergency departments in hospitals throughout the Republic of Ireland. The following are our DROs and their respective hospitals:

HSE West Region

Ailish Melia

Sligo Regional Hospital

Catherine Murphy

University Hospital Limerick
Ennis Hospital
Nenagh Hospital
St. John's Hospital, Limerick

Mary Nix

Mayo General Hospital
Portiuncula Hospital, Ballinasloe
Galway University Hospital

Eileen Quinn

Letterkenny General Hospital

HSE South Region

Tricia Shannon

University Hospital Waterford
Wexford General Hospital
St. Luke's Hospital, Kilkenny
South Tipperary General Hospital

Karen Twomey

University Hospital, Kerry

Una Walsh & Ursula Burke

Bantry General Hospital
Cork University Hospital
Mallow General Hospital
Mercy University Hospital, Cork

HSE Dublin/ Midlands Region

Liisa Aula

St. Columcille's Hospital,
Loughlinstown
'Other' Hospital, Dublin
St. Michael's Hospital, Dun Laoghaire

Edel McCarra & Sarah MacMahon

Our Lady's Children's Hospital,
Crumlin

Diarmuid O' Connor

Midland Regional Hospital, Mullingar
Naas General Hospital
Midland Regional Hospital, Portlaoise
Midland Regional Hospital, Tullamore
Adelaide and Meath Hospital, Tallaght
National Children's Hospital, Tallaght

Laura Shehan & James Buckley

St James' Hospital

HSE Dublin/ North East Region

Agnieszka Biedrycka & Adrienne Timmins

Mater Misericordiae University
Hospital, Dublin

Alan Boon

Beaumont Hospital
Connolly Hospital, Blanchardstown
Childrens University Hospital, Temple
Street

Rita Cullivan

Cavan General Hospital
Our Lady of Lourdes Hospital,
Drogheda
Our Lady's Hospital, Navan

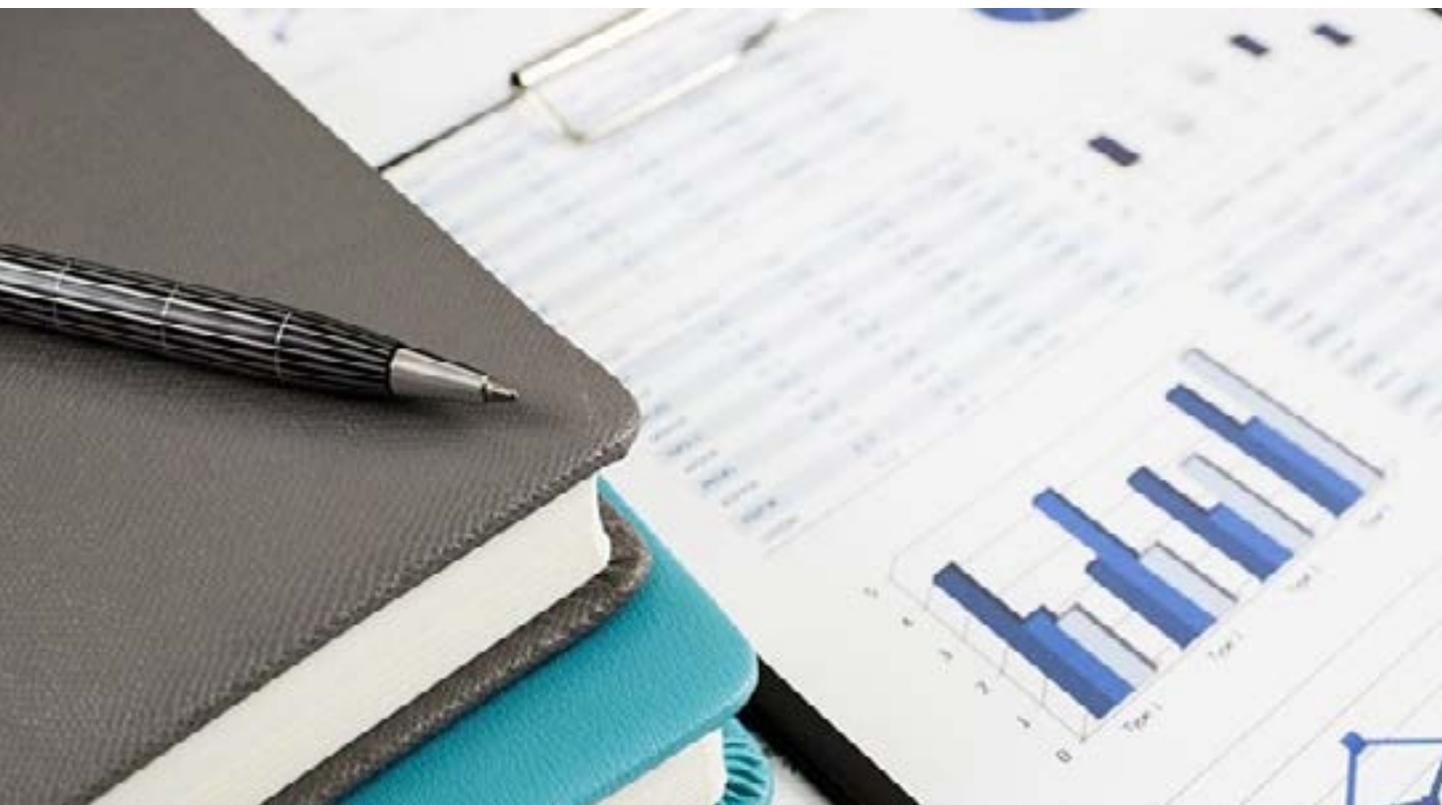
Membership of Committees and Steering Groups

Professor Ella Arensman	
The International Association for Suicide Prevention (IASP)	President
European Alliance Against Depression	Vice-President
EuroSafe Task Force on Suicide and Deliberate Self Harm	Coordinator
World Health Organisation	Advisor
European Regions Enforcing Actions Against Suicide (EUREGENAS)	Advisor
IASP Special Interest Group - Clusters and Contagion in Suicidal Behaviour	Co-Chair
CSO Liaison Group on Suicide Mortality Statistics	Member
Research Advisory Group for the National Strategy to Reduce Suicide 2015-2020, Connecting for Life	Vice-Chair and Member
Crisis, The Journal Of Crisis Intervention and Suicide Prevention	Co-Editor and Reviewer
Strategic Planning Oversight Group for the National Strategy to Reduce Suicide 2015–2020, <i>Connecting for Life</i>	Member
National Cross Sectorial Steering and Implementation Group for <i>Connecting for Life</i> 2015–2020	Member
Northern Ireland Registry of Self-Harm Steering Group	Member
Graduate Studies Board Committee, Department of Epidemiology and Public Health, University College Cork, Ireland	Member
Programme Steering Group for the UK study on suicide and self-harm funded by the National Institute for Health Research, UK	Member
National Steering Group of the Mental Health Awareness Campaign - Ireland	Member
National Steering Group for the Implementation of the Suicide Crisis Assessment Nurse (SCAN) programme	Member
National Steering Group for the Implementation of the National Suicide Bereavement Liaison Service	Member

Steering Group for the National Implementation of Dialectical Behaviour Therapy	Member
Research Working Group for the National Implementation of Dialectical Behaviour Therapy	Member
Steering Group for the evaluation of the Pieta House Intervention Model	Member
Steering Group for the Study of Untimely Sudden Deaths and People who Took their Lives while in the care of the Donegal Mental Health Service	Member
Archives of General Psychiatry	Reviewer
Archives of Suicide Research	Reviewer
British Medical Journal	Reviewer
British Journal of Psychiatry	Reviewer
BMC Public Health	Reviewer
Irish Journal of Medical Science	Reviewer
Irish Medical Journal	Reviewer
Journal of Affective Disorders	Reviewer
Journal of Epidemiology and Community Health	Reviewer
Lancet	Reviewer
Lancet Psychiatry	Reviewer
Social Psychiatry and Psychiatric Epidemiology	Reviewer
Health Research Board, Ireland	Reviewer
Department of Health, UK	Reviewer
Department of Health – Research & Development, Northern Ireland	Reviewer
Scottish Executive Health Department	Reviewer
Netherlands Foundation for Scientific Research	Reviewer
Dr Paul Corcoran	
Graduate Studies Board Committee, Department of Obstetrics and Gynaecology and Department of Epidemiology and Public Health, University College Cork	Member

Dr Eve Griffin	
Northern Ireland Registry of Self Harm Regional Steering Group	Member
Special Interest Group – Child Injury Prevention	Member
European Injury Data Base (IDB)	National Data Administrator
International Association for Suicide Prevention (IASP)	Member
Royal Academy of Medicine in Ireland (RAMI)	Member
Psychopharmacology	Reviewer
Irish Medical Journal	Reviewer
Dr Margaret Kelleher	
Irish Association of Suicidology.	Director
International Academy for Suicide Research	Member
Ms Eileen Williamson	
Writing Group for the National Strategy to Reduce Suicide 2015 – 2020, Connecting for Life	Member
Communications Group for the National Strategy to Reduce Suicide 2015 – 2020, Connecting for Life	Member
Steering Group for the National Implementation of Dialectical Behavioural Therapy	Member
Association for Child and Adolescent Mental Health Special Interest Group	Member
International Association for Suicide Prevention	Member
CSO Liaison Group on Suicide Mortality Statistics	Co-Chair and Member
Steering Group for the Study of Untimely Sudden Deaths and People who Took their Lives while in the care of the Donegal Mental Health Service	Member
International Journal of Injury Control and Safety Promotion	Reviewer
Irish Journal of Psychological Medicine	Reviewer

Research Overview





National Suicide Research Foundation

Aim:

To produce a nationally and internationally recognised body of reliable knowledge from a multidisciplinary perspective on the risk and protective factors associated with suicidal behaviour.

Outcome:

A solid evidence base for policy development and intervention in the prevention of suicide and the management of patients presenting with self-harm.

Priorities are in line with *Connecting for Life* Ireland's National Strategy to Reduce Suicide 2015 - 2020 and Vision for Change - Report of the Expert Group on Mental Health Policy

I.

Research projects addressing the extent of self-harm and suicide, patterns, risk and protective factors.

II.

Efficacy of intervention and prevention programmes for self-harm and suicide, and attitudes towards suicidal behaviour and its prevention.

I. Research projects addressing the extent of self-harm and suicide: Patterns, risk and protective factors (some studies will be ongoing into 2016/2017)

Self-harm

1. National Self-Harm Registry Ireland: Monitoring of all hospital treated self-harm cases since 2002
2. Comparative research project on self-harm patients involved in self-cutting and those with intentional overdoses
3. Improving assessment and aftercare of self-harm patients presenting to Hospital Emergency Departments (HSE South)
4. The association between intentional and unintentional injuries
5. Self-Harm Registry Northern Ireland (NSRF is key collaborator)
6. In-depth analyses and dissemination of the data from the studies: Saving and Empowering Young Lives in Europe (SEYLE) and Child and Adolescent Self-harm in Europe (CASE) in collaboration with national and international researchers
7. The interaction between psychological vulnerability and the impact of social contagion associated with self-harm (part of MARATONE)

Suicide

8. Implementation of a Suicide Support and Information System: A study in the Cork region
 - a) Improved facilitation of support to those bereaved by suicide, b) Identification of risk factors associated with suicide, c) Identification of emerging suicide clusters - Dissemination
9. Risk and protective factors in relation to suicide among people who resided in industrial schools as children – Dissemination
10. Improved prediction of suicide risk through linking self-harm and suicide mortality data
11. Accuracy of recording systems of suicide and other external causes of death
12. Psychosocial, psychiatric and work related factors with suicide: a case-control study (SSIS-ACE)
13. Research into a potential suicide cluster among people who died by suicide and who were in contact with the Donegal Mental Health services at time of death
14. Psychological and physical outcomes in suicide survivors

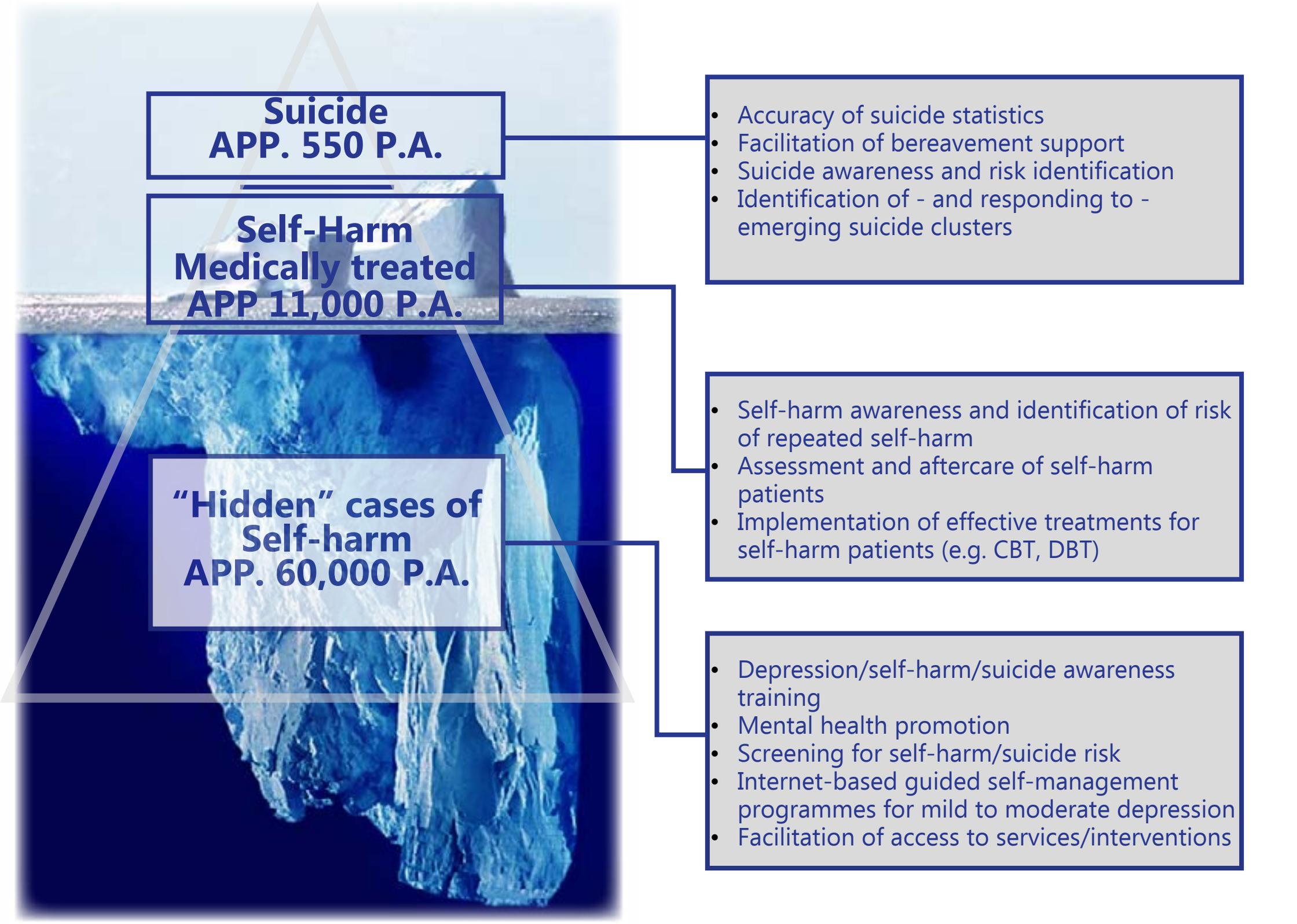
II. Efficacy of intervention and prevention programmes for self-harm and suicide, and attitudes towards suicidal behaviour and its prevention (Some studies will be ongoing into 2016/2017)

Efficacy of intervention programmes for self-harm patients

1. Five level community-based intervention project for depression and suicidal behaviour: Project in Limerick prior to implementation at national level (OSPI) - Dissemination
2. Optimised "Mind Yourself": a brief problem-solving intervention programme for adolescents and adults
3. Training of Emergency Department and Mental Health Care staff in increasing Awareness of Self-harm and Suicide
4. Acceptability and efficacy of an internet-based guided self-management intervention for young people and adults with mild to moderate depression (PREDI-NU) – To be implemented and evaluated among health professionals
5. Implementation and evaluation of the national roll out of Dialectical Behaviour Therapy training
6. Evaluation of a social prescribing intervention in collaboration with the Erris Primary Care Team, HSE West
7. Implementation and evaluation of the SCAN Nurse project

Attitudes towards suicidal behaviour and its prevention

8. Attitudes towards suicide and its prevention among policy, health care and community-based professionals including politicians, coroners, GPs, nurses, pharmacists, Gardai etc.

An iceberg floating in the ocean. The tip of the iceberg is above the water line, and the much larger part of the iceberg is submerged below the water line. Three boxes are connected to the iceberg by lines. The top box is connected to the tip, the middle box to the water line, and the bottom box to the submerged part. The background is a blue sky and ocean.

Suicide
APP. 550 P.A.

Self-Harm
Medically treated
APP 11,000 P.A.

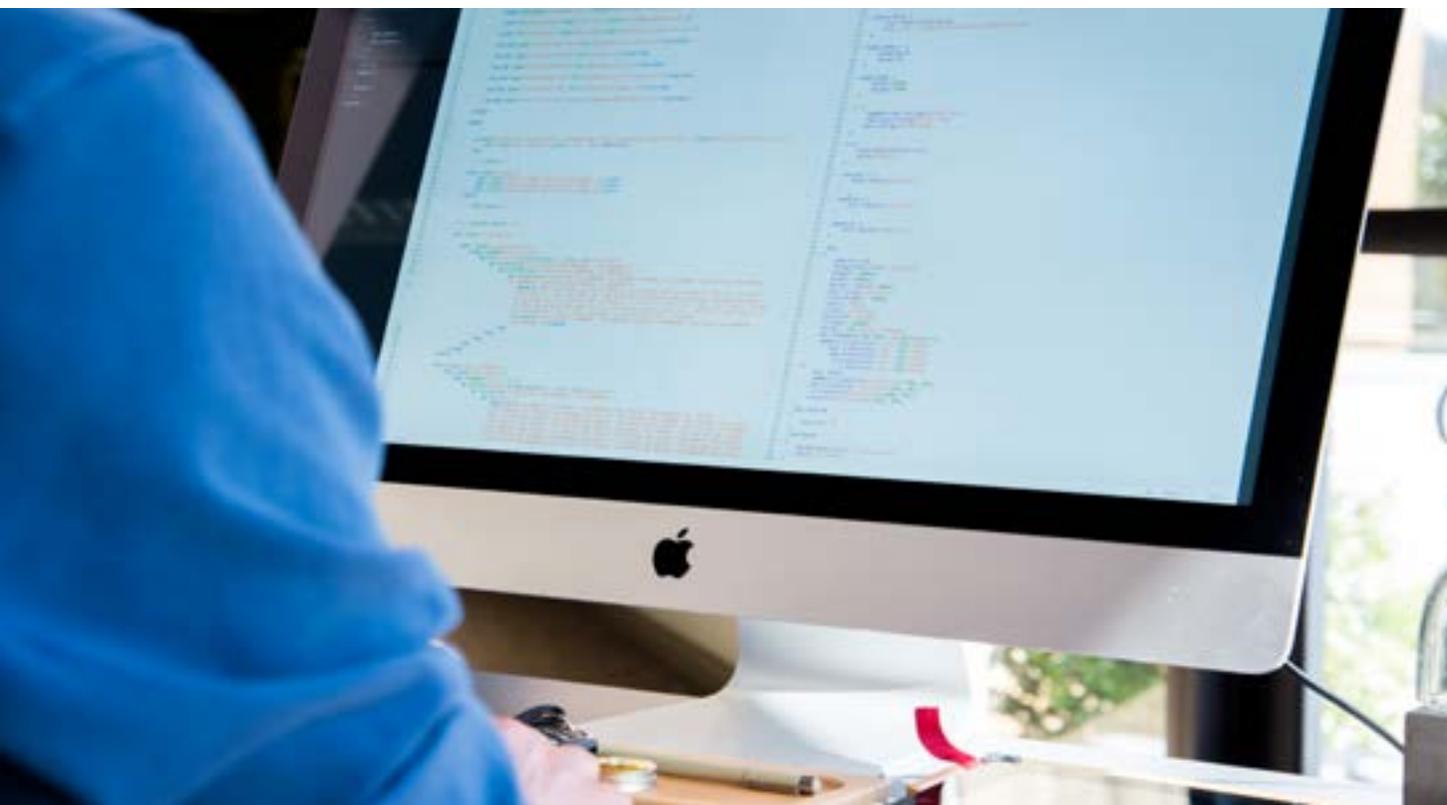
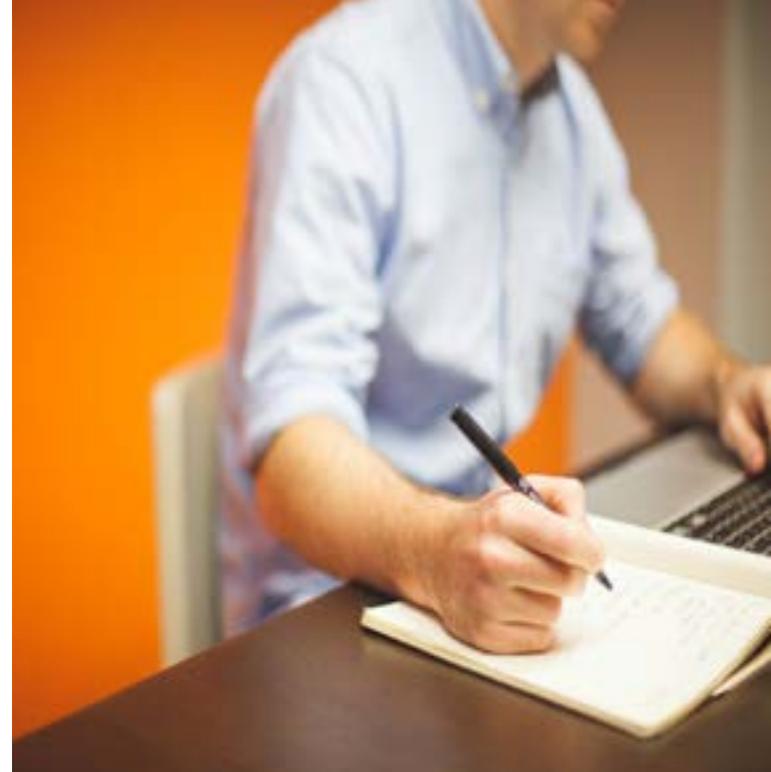
“Hidden” cases of
Self-harm
APP. 60,000 P.A.

- Accuracy of suicide statistics
- Facilitation of bereavement support
- Suicide awareness and risk identification
- Identification of - and responding to - emerging suicide clusters

- Self-harm awareness and identification of risk of repeated self-harm
- Assessment and aftercare of self-harm patients
- Implementation of effective treatments for self-harm patients (e.g. CBT, DBT)

- Depression/self-harm/suicide awareness training
- Mental health promotion
- Screening for self-harm/suicide risk
- Internet-based guided self-management programmes for mild to moderate depression
- Facilitation of access to services/interventions

Surveillance Systems



National Self-Harm Registry Ireland

The National Self-Harm Registry Ireland is a national system of population monitoring for the occurrence of self-harm. The Registry collects data based on persons presenting to hospital emergency departments as a result of an episode of self-harm, as defined by the Registry. As of 2006 the Registry has obtained full coverage of all general and paediatric hospital emergency departments in the Republic of Ireland.

The Registry aims:

- To establish the extent and nature of hospital-treated self-harm in Ireland.
- To contribute to policy and development in the area of suicidal behaviour.
- To monitor trends over time and by area.
- To help the progress of research and prevention.

Personnel Involved: Prof. Ivan Perry (NSRF; Epidemiology and Public Health, University College Cork); Prof. Ella Arensman; Dr. Paul Corcoran (NSRF; Cork University Maternity Hospital); Ms. Eileen Williamson.

Registry Manager: Dr. Eve Griffin.
Data Manager: Dr. Christina Dillon.

Data Registration Officers: Ms. Liisa Aula; Ms. Agnieszka Biedrycka; Mr. Alan Boon; Ms. Ursula Burke; Ms. Rita Cullivan; Ms. Sarah MacMahon; Ms. Edel McCarra; Ms. Ailish Melia; Ms. Mary Nix; Ms. Catherine Murphy; Mr. Diarmud O'Connor; Ms. Eileen Quinn; Ms. Tricia Shannon; Ms. Laura Shehan; Ms. Adrienne Timmins; Ms. Karen Twomey; Ms. Una Walsh.

Specific objectives 2016:

- Expand the scope of the Registry data items to include data on psychosocial and psychiatric assessment in at least 12 hospitals.
- Research into predictors of short term and long term risk of repeated self-harm and suicide among self-harm patients with a history of multiple acts of self-harm (i.e. major repeaters) and those engaging in highly lethal acts of self-harm.
- Research into method escalation among people who engage in repeated acts of self-harm – PhD research conducted by Caroline Daly (in collaboration with the School of Pharmacy and Centre for Suicide Prevention, University of Manchester).
- Research into self-harm and the homeless population in Ireland.
- On-going linkage of data from the National Self-Harm Registry with suicide mortality data at national level, to expand to 2012 and 2013.
- On-going identification of emerging clusters of self-harm using geo-spatial analyses.
- Form part of the Outcomes Framework for *Connecting for Life*, 2015-2020 and Healthy Ireland, 2013-2025.
- Continue use of the Registry template as international best practice in self-harm surveillance, as recommended by the World Health Organisation (Who. Practice Manual for Establishing and Maintaining Surveillance Systems for Suicide Attempts and Self-harm. Geneva, WHO. 2016).

Northern Ireland Registry of Self-Harm

The Northern Ireland Registry of Self-Harm is managed by the Public Health Agency in Northern Ireland. The Registry was introduced in the Western Trust Area in 2007 as part of the Protect Life – Suicide Prevention Strategy, using comparable standard operating procedures to that of the National Self-Harm Registry Ireland. The Registry has been implemented across all Health and Social Care Trusts in Northern Ireland since April 2012.

As part of the operation of this Registry, the National Suicide Research Foundation provides the following services:

- Statistical analysis and independent verification of data from the NI Registry.
- Contribution to quarterly and annual reporting of data from the Registry.
- Preparation of a series of comparative journal papers.

Suicide Support & Information System (SSIS)

The SSIS is an innovative system that was developed to provide access to support for those bereaved by suicide, while also, collecting information on risk factors associated with suicide and deaths classified as open verdicts.

The SSIS aims:

- To improve the support available to people bereaved by suicide.
- To identify and better understand the causes of suicide.
- To identify and improve the response to clusters of suicide and murder-suicide e.g. (filicide-suicide and familicide).
- To better define the incidence and pattern of suicide in Ireland.
- To identify persons who present for medical treatment following self-harm and who subsequently die by suicide.

Personnel Involved: Lead Principal Investigator: Prof. Ella Arensman; Dr Celine Larkin; Ms. Jacklyn McCarthy; Ms. Eileen Williamson; Prof. Ivan Perry (NSRF; Epidemiology and Public Health, University College Cork).

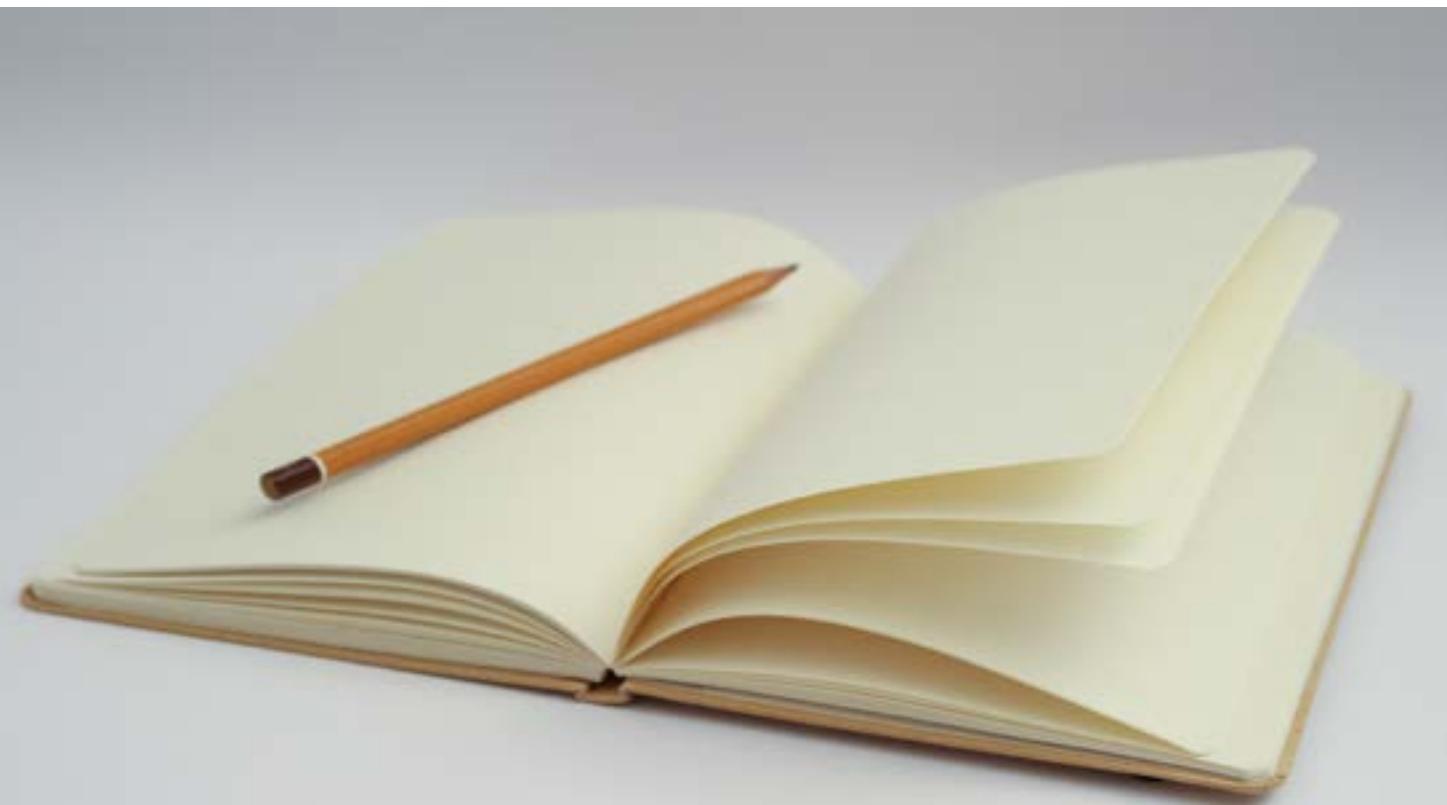
Specific objectives 2016:

- Following successful implementation of the SSIS Psychological Autopsy Model in the Donegal Mental Health Services,

exploration of national implementation of the SSIS Psychological Autopsy Model in mental health services in Ireland at national level.

- Exploration of SSIS data collection at national level in conjunction with the National Drug-related Deaths Index from the HRB.
- On-going analysis and dissemination of SSIS data for the purpose of papers for peer review journals, with emphasis on specific priorities, including:
 - Risk factors associated with suicide among young adults and middle aged men in Ireland;
 - Risk factors associated with suicide in specific occupational groups;
 - Alcohol in suicides and self-harm: Findings from the Suicide Support and Information System and the National Self-Harm Registry Ireland.
- On-going analysis of emerging suicide and self-harm clusters using geo-spatial analyses, and identification of suicide risk profiles associated with suicide clustering and contagion (in collaboration with the National Centre for Geocomputation, Maynooth University).

Research



In 2015, the NSRF co-ordinated 22 research projects in the areas of suicide, self-harm and related mental health issues including the evaluation of intervention and prevention programmes for suicide and self-harm. In addition, the NSRF met requests for information from a wide range of stakeholders in policy, health and social services on a weekly basis as well as an increasing number of requests for information and advice from the general population. Most of the NSRF's research projects, publications and evidence briefs contribute to the strategic goals and actions of *Connecting for Life*, 2015-2020 as outlined below.



Connecting For Life

GOAL 1: TO IMPROVE THE NATION'S UNDERSTANDING OF, AND ATTITUDES TO, SUICIDAL BEHAVIOUR, MENTAL HEALTH AND WELLBEING

Engage and work collaboratively with the media in relation to media guidelines, tools and training programmes to improve the reporting of, and attitudes to, suicidal behaviour within broadcast, print and online media.

- a. NSRF prepared an evidence brief on murder-suicide and the risk associated with non-adherence to the media guidelines on suicide reporting.
- b. NSRF prepared evidence briefs for Headline, NOSP and other stakeholders on the impact of inappropriate media reporting of suicide.
- c. NSRF conducted analyses of media reporting of four incidents of murder-suicide involving the same method (on-going).

Target groups

The different research projects under Goal 1 addressed both the whole population and specific priority groups, including young people, the traveller community, mental health service users, people who are homeless, victims of domestic violence, the LGBT community and health professionals.

GOAL 2: TO SUPPORT LOCAL COMMUNITIES' CAPACITY TO PREVENT AND RESPOND TO SUICIDAL BEHAVIOUR

- a. The NSRF provided an evidence-informed Train-The-Trainer programme to 34 Self-Harm Nurses with the overall aim of rolling out Suicide and Self-Harm Awareness Training among Emergency Health Care Staff in general hospitals across Ireland.
- b. The NSRF also provided evidence-informed training programmes on awareness of depression and suicidal behaviour among trainee GPs, trainee Psychiatrists and trainee Guidance Counsellors as part of their curriculum.
- b. The NSRF contributed to a systematic review which addressed the effectiveness of implementing media guidelines for the reporting of suicide:
 - Zalsman G, Hawton K, Wasserman D, van Heeringen K, Arensman E, Sarchiapone M, Carli V, Hoschl C, Barzilay R, Balazs J, Purebl G, Kahn JP, Sáiz PA, Bursztein Lipsicas C, Bobes J, Cozman D, Hegerl U, Zohar J. Suicide prevention strategies revisited: 10-year systematic review. *The Lancet Psychiatry*. Volume 3, Issue 7, 646-659. 2015

Improve the continuation of community level responses to suicide through planned, multi-agency approaches.

- a. The NSRF played a prominent role in the development, implementation, and evaluation of the iFightDepression tool, an internet-based self-management tool. This is a cost-free, multilingual, guided, self-management programme for people with mild to moderate depression.
 - Arensman E, Koburger N, Larkin C, Karwig G, Coffey C, Maxwell M, Harris F, Rummel-Kluge C, van Audenhove C, Sisask M, Alexandrova-Karamanova A, Perez V, Purebl G, Cebria A, Palao D, Costa S, Mark L, Tóth MD, Gecheva M, Ibelshäuser A, Gusmão R, Hegerl U. Depression awareness and self-management through the internet: An internationally standardised approach. *JMIR Research Protocols*. 4 (3):e99. 2015

Ensure the provision and delivery of training and education programmes on suicide prevention to community-based organisations.

- a. The NSRF provided guidance and advice on the evaluation of training programmes to community-based services (e.g. An Garda Síochána).
- b. The NSRF completed an independent evaluation of a Social Prescribing Intervention in Erris, County Mayo: Arensman E, O'Connell G (2015). Evaluation of the HOPE Social Prescribing Project. National Suicide Research Foundation.

Target groups

The different research projects under Goal 2 addressed both the whole population and specific priority groups, including young people, mental health service users, people who are homeless, victims of domestic violence, and health professionals.

GOAL 3: TO TARGET APPROACHES TO REDUCE SUICIDAL BEHAVIOUR AND IMPROVE MENTAL HEALTH AMONG PRIORITY GROUPS

Improve the implementation of effective approaches to reducing suicidal behaviour among priority groups.

- a. The NSRF completed an evidence brief on suicide and self-harm among the traveller population.
- b. The NSRF prepared a research proposal on the long-term impact of clerical child sexual abuse on mental and physical health and social functioning of survivors.
- c. The NSRF was involved in a systematic review of treatments for self-harm among children and adolescents.
 - Hawton K, Witt KG, Taylor Salisbury TL, Arensman E, Gunnell D, Townsend E, van Heeringen K, Hazell P. Interventions for self-harm in children and adolescents (Review). The Cochrane Library 2015, Issue 12
- d. The NSRF was involved in a systematic review of treatments for self-harm among adults.
 - Hawton K, Witt KG, Taylor Salisbury TL, Arensman E, Gunnell D, Hazell P, Townsend E, van Heeringen K. Psychosocial interventions for self-harm in adults. Cochrane Database of Systematic Reviews, Issue 7. 2015
- e. The NSRF is working on a study on repetition of self-harm and associated factors among homeless people, together with Dr

Peter Barrett. The study is based on data from the National Self-Harm Registry Ireland.

Support in relation to suicide prevention, the substance misuse strategy to address the high rate of alcohol and drug misuse.

- a. The NSRF provided an evidence brief on self-harm, public holidays and the association with alcohol misuse and abuse.
- b. The NSRF completed a study on the association between parental and adolescent substance misuse.
 - Keeley H, Mongwa T, Corcoran P. The association between parental and adolescent substance misuse: findings from the Irish CASE study. Irish Journal of Psychological Medicine. 32(1) 107-116. 2015

Enhance the supports for young people with mental health problems or vulnerable to suicide.

- a. The NSRF contributed to the final outcome publication of the Saving and Empowering Young Lives in Europe study (SEYLE):
 - Wasserman D, Hoven CW, Wasserman C, Wall M, Eisenberg R, Hadlaczky G, Kelleher I, Sarchiapone M, Apter A, Balazs J, Bobes J, Brunner R, Corcoran P, Cosman D, Guillemin F, Haring C, Josue M, Kaess M, Kahn JP, Keeley H, Musa GJ, Nemes B, Postuvan V,

- Saiz P, Reiter-Theil S, Varnik A, Varnik P, Carli V. School-based suicide prevention programmes: The SEYLE cluster-randomised, controlled trial. January 2015. *The Lancet* 385(9977):1536-44. 2015
- b. The NSRF contributed to a major publication on help-seeking behaviour among young people following screening for suicidal behaviour:
- Cotter P, Kaess M, Corcoran P, Parzer P, Brunner R, Keeley H, Carli V, Wasserman C, Hoven CW, Sarchiapone M, Apter A, Balazs J, Bobes J, Cosman D, Haring C, Kahn JP, Resch F, Postuvan V, Varnik A, Wasserman D. Help-seeking behaviour following school-based screening for current suicidality among European adolescents. February 2015. *Social Psychiatry and Psychiatric Epidemiology*.
- c. The NSRF completed a publication based on data of the Suicide Support and Information System on risk factors associated with suicide among young people:
- Arensman E, Bennardi M, Larkin C, Wall A, McAuliffe C, McCarthy J, Williamson E, Perry JJ. (PLOS ONE – accepted pending revisions). Suicide among young people and adults in Ireland: Method characteristics, toxicological analysis and substance abuse histories compared.
- d. The NSRF contributed to a publication on protective factors against suicidal ideation;
- Mami Kasahara-Kiritani, Gergö Hadlaczky, Michael Westerlund, Vladimir Carli, Camilla Wasserman, Alan Apter, Judit Balazs, Julio Bobes, Romuald Brunner, Elaine M. McMahon, Doina Cosman, Luca Farkas, Christian Haring, Michael Kaess, Jean-Pierre Kahn, Helen Keeley, Bogdan Nemes, Urša Mars Bitenc, Vita Postuvan, Pilar Saiz, Merike Sisas, Airi Värnik, Marco Sarchiapone, Christina W. Hoven and Danuta Wasserman. Reading Books and Watching Films as a Protective Factor against Suicidal Ideation. *International Journal of Environmental Research and Public Health* 2015, 12(12), 15937-15942.

Target groups

The different research projects under Goal 3 addressed both the whole population and specific priority groups, including young people, mental health service users, the traveller community, LGBT community and health professionals.

GOAL 4: TO ENHANCE ACCESSIBILITY, CONSISTENCY AND CARE PATHWAYS OF SERVICES FOR PEOPLE VULNERABLE TO SUICIDAL BEHAVIOUR

In 2015, the NSRF was successful in a funding round of the Health Research Board to conduct a five year research programme to examine predictive factors associated with repeated self-harm and suicide among high risk groups, develop a self-harm assessment guide for nurses and enhance CBT based intervention programme for self-harm patients. The application was led by Prof Ella Arensman.

Improve psychosocial and psychiatric assessment and care pathways for people vulnerable to suicidal behaviour.

Five year research programme supported by the HRB.

- Examination of predictive factors associated with repeated self-harm and suicide among high risk groups: A prospective in-depth interview study (on-going).
- Development of a Self-Harm Assessment Guide for nurses and enhancing a CBT based intervention programme for self-harm patients to be implemented by mental health professionals in a hospital setting (on-going)

Improve access to effective therapeutic interventions (e.g. counselling, DBT, CBT) for people vulnerable to suicide.

- a. In 2015, the NSRF (Eileen Williamson) provided support to the National DBT project by involvement in the recruitment of staff to work on the project, the employment of the staff and all human resource related aspects including the issuing of contracts and involvement in performance reviews. In addition, the NSRF had responsibility for the payment of salaries, monthly payments to the Revenue Commissioners as well as the yearly

returns. The NSRF also made payments to the DBT staff members in respect of travel and subsistence and made payments on behalf of DBT staff members' fees for attendance at conferences at home and abroad.

In 2015, Ella Arensman provided research support to the National DBT project on an ongoing basis, in particular with the regard to methodological and recruitment aspects, and monitoring, evaluation and dissemination.

- b. The NSRF (Ella Arensman) contributed to Cochrane Systematic Reviews on the efficacy of psychosocial and pharmacological treatments in preventing repetition and on Interventions for self-harm in children and adolescents.
 - Hawton K, Witt KG, Taylor Salisbury TL, Arensman E, Gunnell D, Hazell P, Townsend E, van Heeringen K. Psychosocial interventions for self-harm in adults. Cochrane Database of Systematic Reviews, Issue 5. 2016
 - Hawton K, Witt KG, Taylor Salisbury TL, Arensman E, Gunnell D, Townsend E, van Heeringen K, Hazell P. Interventions for self-harm in children and adolescents (Review). The Cochrane Library. Issue 12. 2016

Improve the uniformity, effectiveness and timeliness of support services to families and communities bereaved by suicide.

- a. Pro-active facilitation of support for people bereaved by suicide provided by the Suicide Support and Information System in Cork City and County and County Donegal.

- b. Impact of suicide on the mental and physical health of bereaved family members. PhD research NSRF: Ailbhe Spillane, Ella Arensman, Paul Corcoran (on-going).
- c. The NSRF prepared a proposal on the Implementation of the Suicide Bereavement Liaison Service: Monitoring and Evaluating Effectiveness.

Target groups

The different research projects under Goal 4 addressed both the whole population and specific priority groups, including young people, mental health service users, people who are homeless, victims of domestic violence, and health professionals.

GOAL 5: TO ENSURE SAFE AND HIGH-QUALITY SERVICES FOR PEOPLE VULNERABLE TO SUICIDE

Improve the response to suicidal behaviour within health and social care services, with an initial focus on incidents within mental health services.

In 2015, the NSRF expanded the innovative Suicide Support and Information System to Donegal. The SSIS objectives are in line with key strategic goals and actions of *Connecting for Life*.

- Developing a uniform procedure to respond to suicidal behaviour across mental health services
- Implementing a system of services review-based on incidents of suicide and suicidal behaviour within HSE mental health services and developing a responsive practice model
- Improving the uniformity and effectiveness of support services for families bereaved by suicide

- Corry C, Arensman E, Williamson E. "A study of untimely sudden deaths and people who took their lives while in the care of the Donegal Mental Health Service". National Suicide Research Foundation, April 2016.

The Suicide Support and Information System Psychological Autopsy Model and implementation of evidence-informed actions will be maintained in Donegal and expanded to Sligo, Leitrim, Monaghan and Cavan.

Target groups

The different research projects under Goal 5 addressed both the whole population and specific priority groups, including young people, mental health service users, people who are homeless, victims of domestic violence, and health professionals.

GOAL 6: TO REDUCE AND RESTRICT ACCESS TO MEANS OF SUICIDAL BEHAVIOUR

During the course of 2015, NSRF researchers have been involved in a number of projects with the primary objective of reducing and restricting access to means of suicide and self-harm.

Reduce access to frequently used drugs in intentional drug overdose.

- a. The NSRF conducted research into frequently used drugs in intentional drug overdose – PhD research based on the Self-Harm Registry data by Caroline Daly, NSRF. Other contributors: Prof Ella Arensman, Dr Eve Griffin, Prof Ivan Perry, Prof Darren Ashcroft, Dr Roger Webb (University of Manchester, School of Pharmacy).
- b. Proposal for a Task Force on restricting access to frequently used drugs in intentional drug overdose, fatal and non-fatal (in particular benzodiazepines, analgesics and SSRIs). In addition to NOSP and NSRF, other suggested partners: DoH, ICGP, College of Psychiatrists, An Garda Síochána and the Irish Pharmacy Union.

Reduce access to highly lethal methods used in suicidal behaviour.

- a. Update of international evidence. The NSRF contributed to two international peer-review papers, one published in July 2015 and one published in 2016:

- Mergl R, Koburger N, Heinrichs K, Székely A, Tóth MD, Coyne J, Quintão S, Arensman E, Coffey C, Maxwell M, Várnik A, van Audenhove C, McDaid D, Sarchiapone M, Schmidtke A, Genz A, Gusmão R, Hegerl U. (2015). What Are Reasons for the Large Gender Differences in the Lethality of Suicidal Acts? An Epidemiological Analysis in Four European Countries. *PLoS One*. 10(7):e0129062. 2015

- Zalsman G, Hawton K, Wasserman D, van Heeringen K, Arensman E, Sarchiapone M, Carli V, Hoschl C, Barzilay R, Balazs J, Purebl G, Kahn JP, Sáiz PA, Bursztein Lipsicas C, Bobes J, Cozman D, Hegerl U, Zohar J. Suicide prevention strategies revisited: 10-year systematic review. *The Lancet Psychiatry*. Volume 3, Issue 7, 646-659. 2016

- b. Psychological, psychiatric and work-related factors related to self-harm involving highly lethal methods (SSIS-ACE), HRB: Jacklyn McCarthy, Sara Leitao, Celine Larkin, Ella Arensman, Eugene Cassidy.
- c. Trend analysis of self-harm involving highly lethal methods, 2004-2015 (ongoing): Eve Griffin, Christina Dillon, Ella Arensman.

Target groups

The different research projects under Goal 6 addressed both the whole population and specific priority groups, including young people, mental health service users, people who are homeless, victims of domestic violence, and health professionals

GOAL 7: TO IMPROVE SURVEILLANCE, EVALUATION AND HIGH QUALITY RESEARCH RELATING TO SUICIDAL BEHAVIOUR

Evaluate the effectiveness and cost-effectiveness of *Connecting for Life*.

National baseline measures for the principle outcomes in *Connecting for Life*.

NSRF (Ella Arensman) worked with NOSP staff members and Steve Platt on the Outcomes Framework of the *Connecting for Life* strategy report with a focus on primary, secondary and intermediate outcomes. In addition, updates were provided to the Cross-Sectoral Steering and Implementation Group.

Improve access to timely and high-quality data on suicide and self-harm.

- a. NSRF prepared updated reports of self-harm and suicide mortality data at regional level for Suicide Resource Officers.
- b. NSRF prepared the periodic report of the National Self-Harm Registry for the first 6 months of 2014.
 - Griffin E, Arensman E, Corcoran P, Dillon CB, Williamson E, Perry IJ; National Self-Harm Registry Ireland Annual Report 2014. 2015, National Suicide Research Foundation
- c. Launch seminar for the purpose of the 2014 NSHRI Report in conjunction with the NOSP 2014 Annual Report by Minister Kathleen Lynch in University College Cork, 16th October 2015. The seminar was attended by approximately 80 professionals from research, health and community-based services.

Review (and, if necessary, revise) current recording procedures for death by suicide.

- a. The NSRF was involved in on-going research conducted by the Suicide Support and Information System in collaboration with Coroners and Health Professionals in Cork City and County into confirmed suicide and open verdict cases (Ella Arensman, Celine Larkin, Jacklyn McCarthy)
- b. The NSRF was involved in on-going research into suicide verdict cases and other external causes of death in collaboration with the Dublin Coroner and two Cork Coroners (Eileen Williamson).
- c. In 2015, the CSO Suicide Mortality Statistics Liaison Group was established, the broad aim of which is the improvement of the quality of suicide statistics and their dissemination.

The CSO and NSRF are jointly responsible for organising meetings of the Group and rotate the chairing of meetings (Eileen Williamson, Ella Arensman).

In addition to representatives of the CSO and the NSRF, the membership of the group includes representatives of the General Register's Office, the Gardaí, the Department of Justice, the Prison Service, the Department of Health, the National Office for Suicide Prevention, the Health Research Board and Coroners.

Develop a national research and evaluation plan that supports innovation aimed at early identification of suicide risk, assessment, intervention and prevention

a. The NSRF (Ella Arensman) was one of the four recipients of the HRB Research Leader Awards. This involves conducting a five-year research programme, which will contribute to strategic objectives of *Connecting for Life* and a national research and evaluation plan: Individual and Area Level Determinants of Self-Harm and Suicide in Ireland: Enhancing Prediction, Risk Assessment and Management of Self-Harm by Health Services (Ella Arensman, Eileen Williamson, Grace O'Regan, Dorothy Leahy, Eugene Cassidy, Paul Corcoran, John Browne, Jan Rigby)

- Examination of predictive factors associated with short-term and long-term risk of repetition of nonfatal self-harm and suicide among high risk groups as identified by the National Self-Harm Registry Ireland

- Examination of predictive factors associated with repeated self-harm and suicide among high risk groups: A prospective in-depth interview study

- Development of a Self-Harm Assessment Guide for nurses and enhancing a CBT-based intervention programme for self-harm patients to be implemented by mental health professionals in a hospital setting

- Implementation and evaluation of enhanced assessment and management of self-harm by nurses and mental health professionals in a hospital setting: a cluster randomised controlled trial

- Socio-ecological and geo-spatial analysis of suicide and self-harm clustering.

b. The NSRF prepared an outline proposal for a national research agenda in relation to priorities in *Connecting for Life*.

Target groups

The different research projects under Goal 7 addressed both the whole population and specific priority groups, including young people, the traveller community, mental health service users, people who are homeless, victims of domestic violence, the LGBT community and health professionals.

Publications National Suicide Research Foundation 2015

Peer review papers / Book chapters / Reports / Briefings

Papers Published - 2015

Interventions for self-harm in children and adolescents (Review)	Hawton K, Witt KG, Taylor Salisbury TL, Arensman E, Gunnell D, Townsend E, van Heeringen K, Hazell P	The Cochrane Library 2015, Issue 12
Reading Books and Watching Films as a Protective Factor against Suicidal Ideation	Mami Kasahara-Kiritani, Gergö Hadlaczky, Michael Westerlund, Vladimir Carli, Camilla Wasserman, Alan Apter, Judit Balazs, Julio Bobes, Romuald Brunner, Elaine M. McMahon, Doina Cosman, Luca Farkas, Christian Haring, Michael Kaess, Jean-Pierre Kahn, Helen Keeley, Bogdan Nemes, Urša Mars Bitenc, Vita Postuvan, Pilar Saiz, Merike Sisäs, Airi Värnik, Marco Sarchiapone, Christina W. Hoven and Danuta Wasserman	International Journal of Environmental Research and Public Health 2015, 12(12), 15937-15942.
What Are Reasons for the Large Gender Differences in the Lethality of Suicidal Acts? An Epidemiological Analysis in Four European Countries.	Mergl R, Koburger N, Heinrichs K, Székely A, Tóth MD, Coyne J, Quintão S, Arensman E, Coffey C, Maxwell M, Värnik A, van Audenhove C, McDaid D, Sarchiapone M, Schmidtke A, Genz A, Gusmão R, Hegerl U.	PLoS One. 10(7):e0129062. 2015
Hospital-treated self-harm in the Western area of Northern Ireland.	Corcoran P, Griffin E, O'Carroll A, Cassidy L, Bonner B.	Crisis: The Journal of Crisis Intervention and Suicide Prevention. 12:1-8. 2015
Help-seeking behaviour following school-based screening for current suicidality among European adolescents.	Cotter P, Kaess M, Corcoran P, Parzer P, Brunner R, Keeley H, Carli V, Wasserman C, Hoven CW, Sarchiapone M, Apter A, Balazs J, Bobes J, Cosman D, Haring C, Kahn	Social Psychiatry and Psychiatric Epidemiology. 50(6):973-82. 2015

School-based suicide prevention programmes: The SEYLE cluster-randomised, controlled trial.	Wasserman D, Hoven C W, Wasserman C, Wall M, Eisenberg R, Hadlaczky G, Kelleher I, Sarchiapone M, Apter A, Balazs J, Bobes J, Brunner R, Corcoran P, Cosman D, Guillemin F, Haring C, Iosue M, Kaess M, Kahn J P, Keeley H, Musa G J, Nemes B, Postuvan V, Saiz P, Reiter-Theil S, Varnik A, Varnik P, Carli, V	The Lancet. 385(9977):1536-44. 2015
Depression awareness and self-management through the internet: An internationally standardised approach.	Arensman E, Koburger N, Larkin C, Karwig G, Coffey C, Maxwell M, Harris F, Rummel-Kluge C, van Audenhove C, Sisask M, Alexandrova-Karamanova A, Perez V, Purebl G, Cebria A, Palao D, Costa S, Mark L, Tóth MD, Gecheva M, Ibelshäuser A, Gusmão R, Hegerl U	JMIR Research Protocols. 4 (3):e99. 2015
The association between parental and adolescent substance misuse: findings from the Irish CASE study	Keeley H, Mongwa T, Corcoran P.	Irish Journal of Psychological Medicine. 32(1) 107-116. 2015
Impact of the economic recession on suicide and self-harm in Ireland.	Corcoran P, Griffin E, Arensman E, Fitzgerald T, Perry IJ	International Journal of Epidemiology. 44(3):969-77. 2015
Deliberate self-harm: A systematic review of the efficacy of psychosocial and pharmacological treatments in preventing repetition.	Hawton K, Witt KG, Taylor Salisbury TL, Arensman E, Gunnell D, Hazell P, Townsend E, van Heeringen K.	The Cochrane Library 2015. 7:CD011777.
Suicide in Northern Ireland: an analysis of gender differences in methods, prior suicidal behaviour, and communications, substance use, occupational status and events prior to death.	O'Neill S, Corry, C, McFeeters D, Murphy S, Bunting B.	Crisis, 37 (1).13-20 2015.

Book Chapters 2015

Suicide Clustering and Contagion of Suicidal Behaviour	Arensman E, McAuliffe C.	In: Kumar U (Ed.). (2015). Suicidal Behaviour – Underlying Dynamics. Routledge.
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Published Reports 2015

Evaluation of the Hope Social Prescribing Project Final Report 2015	Arensman E, O'Connell G.
National Self-Harm Registry Ireland Annual Report 2014	Griffin E, Arensman E, Corcoran P, Dillon CB, Williamson E, Perry IJ; National Suicide Research Foundation
National Suicide Research Foundation Annual Report 2014	National Suicide Research Foundation
Northern Ireland Registry of Self-Harm, Annual Report, 2013/14	Public Health Agency, NSRF.
Assembly Question-Self Harm in Northern Ireland Response	Public Health Agency, NSRF.
Self-Harm Quarterly Data: Quarter 2 2013/2014	Public Health Agency, NSRF.
Self-Harm Quarterly Data: Quarter 3 2013/2014	Public Health Agency, NSRF.
Self-Harm Quarterly Data: Quarter 4 2013/2014	Public Health Agency, NSRF.
Standard Operating Procedure Update	Public Health Agency, NSRF.
Northern Ireland Registry of Self-Harm Western Area, 6-Year Report, including Supplement 1 on Repeat Self-harm	Public Health Agency, NSRF.
Supplement 2: Recommended Next Care Following Hospital Treated Self-Harm in the Western Area of Northern Ireland, 2007-2012	Public Health Agency, NSRF.

Briefing documents 2015

Briefing: Murder-suicide and media reporting	Arensman E	5th January
Briefing: Self-harm Among Prisoners Briefing Document	Public Health Agency, NSRF.	1st November
Briefing: Understanding the Impact of the Economic Recession and Austerity on Suicide and Self-harm in Ireland: Examining trends over time	Arensman E, Corcoran P.	10th March
Briefing: The relationship between self-harm presentations to general hospital and bank holidays.	Arensman E, O'Regan G.	21st June
Briefing: Mental Health and Suicide in the Traveller Community.	Arensman E, Dennehy R.	2nd July

Scientific Presentations and Invited Lectures 2015

February 2015

- **Corry C, Arensman E, Williamson E.** Study of untimely sudden deaths and people who took their lives while in the care of the Donegal Mental Health Services. Donegal, 5th February 2015.
- **Arensman E.** Suicide and Self-Harm. Lecture for General Nursing at University College Cork, 19th February 2015.
- **Arensman E.** Training of Healthcare Staff: Outcomes of the review on training in the RoI. 2015 Self-Harm Symposium: A Global Challenge' hosted by the Public Health Agency, Belfast, 27th February 2015.
- **Bonner B, Griffin E.** Northern Ireland Registry of Self-Harm: Western Area Six-Year Report. Northern Ireland Self-Harm Symposium, Queens University Belfast, 27 February 2015.
- **Daly C.** Case Identification. Northern Ireland Data Registration Officer Meeting. Belfast-Park Inn Radisson, 26th February 2015.
- **Arensman E.** Personal safety and wellbeing. Northern Ireland Data Registration Officer Meeting. Belfast-Park Inn Radisson, 26th February 2015.

March 2015

- **Arensman E.** Suicide and Self-Harm. Lecture for General Nursing at University College Cork, 5th March 2015.
- **Arensman E, O'Regan G.** Awareness of Depression and Suicidal Behaviour Youth Focused Awareness and Skills Training Programme. University College Cork, 7th March 2015.
- **Bennardi M, Arensman E, Larkin C, Wall A, McAuliffe C, McCarthy J, Williamson E, Perry J.** Suicide and self-harm among adolescents and young adults: socio-ecological and individual determinants. MARATONE 2nd Early Stage Researchers Conference, W. Maximilian University, Munich, Germany, 19th March 2015.
- **Arensman E.** Training in the context of Multi-level Suicide Prevention Programmes: An international perspective . PITSTOP Suicide Congress, Amsterdam, 25th March 2015.

April 2015

- **Arensman E, O'Regan G.** Self-harm and Suicide: An evidence informed CBT approach. Workshop at Eating Disorder Centre, Cork, 1st April 2015.

- **Arensman E, Cassidy E.** Increasing Awareness of Suicide and Self-Harm among Emergency Healthcare Staff: Train the Trainer Programme, Stewart's Hospital, Dublin 23rd April 2015.
- **Arensman E.** Suicide and Self-Harm in Ireland. Lecture GP training programme, University College Cork, 29th April 2015.

May 2015

- **Larkin C.** Suicidal behaviour in Ireland: Prevalence and risk factors. Lecture training programme psychiatric registrars. Cork University Hospital, 7th May 2015.
- **Arensman E.** Suicide Prevention in the EU Progress and Challenges. Mental Health Policy in Lithuania and Europe 10 years after the Helsinki Conference: From 'the vision of needed changes' to 'actual results', Parliament Lithuania, Vilnius, Lithuania, 15th May 2015.

June 2015

- **Larkin C.** What is different about suicidology? Unique ethical and methodological issues associated with research on suicidal behaviour. 6th TRIPLE i conference: intuition, imagination and innovation in suicidology, Piran, Slovenia, 2nd June 2015.

- **Griffin E**, Corcoran P, Daly C, Bonner B. The incidence and patterns of hospital-treated self-harm on the island of Ireland: Findings from two national registries. 6th TRIPLE i conference: intuition, imagination and innovation in suicidology, Piran, Slovenia, 2nd June 2015.
- **Arensman E, O'Regan G**. Self-harm and Suicide: An evidence informed CBT approach. Workshop at Eating Disorder Centre, Cork, 3rd June 2015.
- **McCarthy J**. Recruiting and interviewing people who have engaged in high-risk suicidal behaviour. Effective strategies in an on-going research study. CRSI Conference, 10th June 2015.
- **Weihrauch M**, Flynn D, Kells M, Joyce M, O'Connor S, Suarez C, Dunne L. An examination of health service resources for clients participating in the Dialectical Behaviour Therapy programme in Ireland. Centre for Recovery and Social Inclusion (CRSI) Conference, Cork, Ireland. 10th June 2015.
- **Suarez C**, Flynn D, Kells M, Joyce M, O'Connor S, Weihrauch M, Dunne L. Exploring Parental/Guardian perceptions of partaking in the DBT-A programme in CAMHS settings across Ireland. Centre for Recovery and Social Inclusion (CRSI) Conference, Cork, Ireland. 10th June 2015.
- **Daly C**, Griffin E, Arensman E, Bonner B, O Carroll A. The profile of homeless persons presenting to emergency departments according to the Northern Ireland registry of self-harm, 2012-2014. Public Health Annual Scientific Conference, Riddel Hall, Belfast, 10th June 2015.
- **Arensman E**, Williamson E. A European Perspective on the Need for Shared Classification of Suicide. Plenary lecture. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17th June 2015.
- **Arensman E**. An Overview of Registries for Non-Fatal Suicidal Behaviour. Symposium. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 18th June 2015.
- **McCarthy J**, Wall A, Corcoran P, McAuliffe C, Arensman E. Risk Factors Associated with Suicide among Men: Comparison between Men Aged Under 40 Years of Age and Those Who Are Older. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17th June 2015.
- **Williamson E**, Corcoran P, Arensman E. A Comparison of Suicide with Other External Causes of Death. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17th June 2015.
- **Arensman E**. Clustering of Suicide and Self-Harm: Gender Specific Patterns. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 18th June 2015.
- **Arensman E**, Fleischmann A, Scott V, Barnaby L. Current Status of Suicide Prevention Internationally: Outcomes of the IASP-WHO Global Survey. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 18th June 2015.
- **Griffin E**, Corcoran P, Heavey B, Perry IJ, Arensman E. Psychotropic Medication Involved in Intentional Drug Overdose: Implications for Treatment. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 18th June 2015.
- **Bennardi M**, Larkin C, McAuliffe C, McCarthy J, Williamson E, Perry IJ, Arensman E. Suicide among Young People and Adults in Ireland: How Do They Compare? 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 19th June 2015.

- **Arensman E.** Multifaceted Community-Based Interventions around the World - Learning from Each Other. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 20th June 2015.
 - **Corry C,** Arensman E. The Suicide Support and Information System: An innovative approach towards proactive support and obtaining real-time data. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17 – 20th June 2015.
 - **Leitao S,** Greiner B, Larkin C, McCarthy J, McAuliffe C, Corcoran P, Williamson E, Arensman E. Unemployment and Work-Related Factors in Suicidal Behaviour: Findings from the Suicide Support and Information System in Ireland. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 20th June 2015.
 - **Larkin C,** Griffin E, McAuliffe C, Corcoran P, Williamson E, Perry IJ, Arensman E. Alcohol in Suicides and Self-Harm: Findings from the Suicide Support and Information System and the National Registry of Deliberate Self-Harm Ireland. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 20th June 2015.
 - **Joyce M,** Kells M, Dunne L. The National DBT Project, Ireland. National DBT Project Orientation Meeting, Cork, Ireland, 22nd June 2015.
- August 2015**
- **Arensman E,** McAuliffe C, McCarthy J. SSIS-ACE Project Staff Training: Session 1 and 2, 2015. Cork, 28 – 29th August, 2015.
- September 2015**
- **Arensman E.** Strategic vision for the Australian Institute for Suicide Research and Prevention (AISRAP). Seminar AISRAP, Griffith University, Brisbane, Australia, 3rd September 2015.
 - **Larkin C,** Griffin, E., McAuliffe, C., Corcoran, P., Perry, I., Arensman, E. Alcohol in suicides and self-harm: Findings from the Suicide Support and Information System and the National Registry of Deliberate Self-Harm Ireland. SSM Conference, University College Dublin, 2-4 September 2015.
 - **Griffin E,** Daly C, Corcoran P, Perry IJ, Arensman E. Aftercare following hospital-treated self-harm: Patterns and trends over time. SSM Conference, University College Dublin, 2-4 September 2015.
 - **McMahon E.,** Keeley, H., Cannon, M., Arensman, E., Perry, I.J., Clarke, M., Chambers, D., Corcoran, P.. The iceberg of suicide and self-harm in Irish adolescents- a population-based study. SSM Conference, University College Dublin, 2nd September 2015.
 - **McAuliffe C,** McCarthy J. SSIS-ACE Project Staff Training: Session 3. Cork, 8th September, 2015.
 - **Corry C,** Larkin C. SSIS-ACE Project Staff Training: Session 4. Cork, 9th September 2015.
 - **Arensman E,** McCarthy J, Larkin C, Leitao S. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: A case-control study (SSIS-ACE). National Suicide Research Foundation, Journal Club, Cork University Hospital, 9th September, 2015.
 - **McCarthy J,** Arensman E, Larkin C, Leitao S. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: A case-control study (SSIS-ACE). National Suicide Research Foundation, Journal Club, Cork University Hospital, 9th September, 2015.
 - **Arensman E.** Plenary lecture. Integrating Bereavement Support and Improving Identification of Suicide Risk: Outcomes of the Suicide Support and Information System. Console World Suicide Prevention Day Conference 2015, Dublin, 10th September 2015.

- **Bennardi M**, Arensman E, Larkin C, Wall A, McAuliffe C, McCarthy L, Williamson E, Perry IJ. Suicide among young people and adults in Ireland: Method characteristics, toxicological analysis and substance abuse histories compared. Conference Transformations in Youth Mental Health, St. Patrick's University Hospital, Dublin, 18th September 2015.
 - **Flynn D**, Kells M, Joyce M, Suarez C, Weihrauch M. Implementation Efficiency in Context: National Implementation of DBT in Ireland. Society for Implementation Research Collaboration (SIRC), Seattle, U.S.A. 26th September 2015.
 - **Arensman E**, Williamson E, Griffin E. Establishing and maintaining Suicide Attempt Surveillance Systems: A Practice Manual – Background and Introduction. World Health Organisation Workshop on Suicide Attempt Surveillance Systems, Geneva, 29th-30th September 2015.
 - **Arensman E, Williamson E, Griffin E**. Establishing and maintaining Suicide Attempt Surveillance Systems: A Practice Manual – Operationalisation of inclusion and exclusion criteria of suicide attempt cases. World Health Organisation Workshop on Suicide Attempt Surveillance Systems, Geneva, 29th-30th September 2015.
 - **Griffin E**. Data entry and data management using an electronic system. Workshop on suicide attempt surveillance systems, Geneva, 29-30 September 2015.
 - **Griffin E**, Williamson E, Arensman E "Implementation of standard operating procedures". Workshop on suicide attempt surveillance systems, Geneva, 29-30 September 2015
- October 2015**
- **Flynn D**, Weihrauch M, Hurley P, Kells M, Joyce M. Evaluation of the Pilot DBT STEPS-A Programme in an Irish Adolescent Population. Dialectical Behaviour Therapy Strategic Planning Meeting (DBT-SPM), Washington, U.S.A. 3rd October 2015.
 - **Arensman E**. Enhancing surveillance of self-harm and suicide: A core component of National Suicide Prevention Programmes. Registries and Administrative Databases. IASR/AFSP International Summit on Suicide Research Preventing Suicide: Progress through Research, Waldorf Astoria Hotel, New York City, October 13th 2015.
 - **Larkin C**, Arensman E. Data Sources in Psychological Autopsy Research: Assessing the Consistency of Information Obtained Through the Suicide Support and Information System in Ireland. Psychological Autopsy and Epidemiological Findings in Suicide. IASR/AFSP International Summit on Suicide Research Preventing Suicide: Progress through Research, Waldorf Astoria Hotel, New York City, October 13th, 2015.
 - **Kells M**, Flynn D, Joyce M, Suarez C, Weihrauch M. Evaluating the effectiveness of the Family Connections programme in an Irish population. 14th Congress of the International Society for the Study of Personality Disorders (ISSPD), Montreal, Canada, 13th October 2015.
 - **Arensman E**. Enhancing Surveillance of Self-Harm and Suicide: A Core Component of Suicide Prevention Strategies, Meeting Data Registration Officers, NSRF Cork, 16th October 2015
 - **Griffin E**, Arensman E, Dillon C, Corcoran P, Williamson E, Perry IJ. Findings from the National Self-Harm Registry Ireland Annual Report 2014. New outcomes from the National Self-Harm Registry Ireland: Implications for the aftercare of people engaging in self-harm, University College Cork, October 16th, 2015.
 - **Arensman E**. Improving Assessment and Management of People Presenting to Hospital following Self-Harm: Evidence Informed Actions in conjunction with

Connecting for Life, 2015-2020, University College Cork, October 16th, 2015.

- **Flynn D.** Dialectical Behaviour Therapy: Adopting and adapting an evidence based intervention for emotional distress. New outcomes from the National Self-Harm Registry Ireland: Implications for the aftercare of people engaging in self-harm, University College Cork, October 16th, 2015.
- **Arensman E.** Mental health promotion: Evidence based and best practice interventions. SPHeRE, RCSI, Dublin, October 21st, 2015.

November 2015

- **Larkin C.** Use of technology in interventions. MARATONE Marie Curie ITN programme training, University College Cork, 3rd November 2015.
- **Arensman E,** Williamson E, McTernan N. The extent of water-related suicide and attempted suicide in the United Kingdom and Republic of Ireland. Presentation – Tender for research into water-related suicides, Royal National Lifeboat Institutions (RNLI), Skype presentation UCC-UK, 5th November 2015.
- **Arensman E.** Scientific writing. MARATONE Marie Curie ITN programme training, University College Cork, 6th

November 2015.

- **McCarthy J.** Mental Health Promotion and Young People. Evidence based and best practice interventions. Lecture the BSc Public Health Students. 3rd November, 2015.
- **Arensman E.** I. Recent finding from the National Self-Harm Registry Ireland & Improving Assessment and Management of People Presenting to Hospital following Self-Harm. National Seminar for Self-Harm Nurses, Dublin, 18th November 2015.
- **Koburger N,** Arensman E and OSPI-Europe Consortium. Training in the context of multi-level suicide prevention programmes: An international perspective. Annual Conference of the German Association for Psychiatry, Psychotherapy and Psychosomatics - DGPPN Berlin, 25-28th November.
- **Arensman E,** Larkin C, McCarthy J, Leitão S. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: A case-control study (SSIS-ACE) Research Group, Cork University Hospital, 20th November, 2015.

December 2015

- **Arensman E.** Suicide clustering and contagion in young people: Early

identification and responding. Plenary lecture. 2nd IASP Regional Symposium in the Caribbean Region, Georgetown, Cayman, 3rd-5th December 2015.

- **Arensman E.** Plenary lecture. CBT interventions among children and adolescents who engage in self-harm. Plenary lecture. 2nd IASP Regional Symposium in the Caribbean Region, Georgetown, Cayman, 3rd-5th December 2015.
- **Arensman E.** Depression and Suicidal Behaviour Awareness and Skills Training for Health Professionals and Community Facilitators – An 8-hour Train-the-Trainer Programme. 2nd IASP Regional Symposium in the Caribbean Region, Georgetown, Cayman, 5th December 2015.
- **Joyce M,** Flynn D, Kells M, Weihrauch M, Gillespie C, Suarez C, Hurley P, Hurley J, O'Connor S. The National Dialectical Behaviour Therapy Implementation Project, Ireland. Society for Dialectical Behaviour Therapy Conference, Dublin, Ireland. 14th December 2015.
- **Joyce M,** Flynn D, Kells M, Weihrauch M, Gillespie C, Suarez C, Hurley P, Hurley J, O'Connor S. The National Dialectical Behaviour Therapy Implementation Project: Preliminary Results of the

Effectiveness Evaluation. Society for Dialectical Behaviour Therapy Conference, Dublin, Ireland. 14th December 2015.

- **Kells M**, Flynn D, Joyce M, Suarez C, Weihrauch M. Evaluating the effectiveness of the Family Connections programme in an Irish population. Society for Dialectical Behaviour Therapy Conference, Dublin, Ireland. 14th December 2015.
- **Weihrauch M**, Flynn D, Hurley P, Kells M, Joyce M. Evaluation of the Pilot DBT STEPS-A Programme in an Irish Adolescent Population. Society for Dialectical Behaviour Therapy Conference, Dublin, Ireland. 14th December 2015.

Chairing/Facilitation

- **Arensman E**. Panel member. Forum Discussion. Mental Health Policy in Lithuania and Europe 10 years after the Helsinki Conference: From 'the vision of needed changes' to 'actual results', Parliament Lithuania, Vilnius, Lithuania, 15th May 2015. Arensman E. Opening ceremony. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17-20th June 2015.
- **Arensman E**. Chair. Plenary Session 3. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17th-20th June 2015.
- **Arensman E**. Facilitator. WHO-IASP workshop: Country needs and plans for the implementation of suicide prevention programmes. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17-20th June 2015.
- **Larkin C**. Chair. Co-ordinators: **Larkin C**, **McCarthy J**. Time and Space for Reflection. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17 - 20th June 2015.

- **Arensman E**. Chair. Workshop: Surveillance Systems for Non-Fatal Suicidal Behaviour. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17-20th June 2015.
- **Williamson E**. Chair. Medication, Firearms and Railways: Specificities of Means. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 18th June 2015.
- **Williamson E**. Chair. Lunchtime with experts. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 18th June 2015.
- **Arensman E**. Chair. Multifaceted Community-Based Interventions around the World - Learning from Each Other. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 20th June 2015.
- **Griffin E**. Chair. Understanding Suicide from Epidemiological Research. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 20th June 2015.
- **Arensman E**. Chair. IASP Awards ceremony. 28th World Congress of the International Association for Suicide

- Prevention, Montreal, Canada, 17-20th June 2015.
- **Arensman E.** Co-Chair: An Overview of Registries for Non-Fatal Suicidal Behaviour. Symposium. 28th World Congress of the International Association for Suicide Prevention, Montreal, Canada, 17 – 20th June 2015.
 - **Arensman E.** Facilitator. World Health Organisation Workshop on Suicide Attempt Surveillance Systems. Geneva, 29th-30th September 2015.
 - **Williamson E.** Chair. World Health Organisation Workshop on Suicide Attempt Surveillance Systems, Geneva, 29th-30th September 2015.
 - **Griffin E.** Facilitator. World Health Organisation Workshop on Suicide Attempt Surveillance Systems. Geneva, 29th-30th September 2015.
 - **Williamson E.** Chair. New outcomes from the National Self-Harm Registry Ireland: Implications for the aftercare of people engaging in self-harm, University College Cork, October 16th, 2015.
 - **Arensman E.** Facilitator. MARATONE Marie Curie ITN programme training, University College Cork, 6th November 2015.
 - **Williamson E.** Facilitator. MARATONE Marie Curie ITN programme training, University College Cork, 6th November 2015.
 - **Arensman E.** Chair. Opening Ceremony and Opening Plenary session. 2nd IASP Regional Symposium in the Caribbean Region: Protecting our Youth; Suicide Prevention in the Caribbean Region, Georgetown, Cayman, 3rd-5th December 2015.
 - **Arensman E.** Chair. Symposium 4. 2nd IASP Regional Symposium in the Caribbean Region, Georgetown, Cayman, 3rd-5th December 2015.

Awards and Achievements

Designation WHO Collaborating Centre for Surveillance and Research in Suicide Prevention

In December 2015, the National Suicide Research Foundation was designated by the World Health Organization as a WHO Collaborating Centre for Surveillance and Research in Suicide Prevention. In this regard, the NSRF is the fourth research centre in the world recognised by the WHO as a centre of excellence in suicide research and prevention.

In 2015, the NSRF worked intensively with the WHO on a Practice Manual for establishing surveillance systems for suicide attempts and self-harm. This resulted in a first collaborative publication with WHO in June 2016:

World Health Organization (2016). Practice Manual for Establishing and Maintaining Surveillance Systems for Suicide Attempts and Self-harm. Geneva, WHO.

Health Research Board Research Leaders Award

In July 2015, Professor Ella Arensman, Director of Research at the NSRF and Research Professor with the Department of Epidemiology and Public Health, UCC, was one of the four recipients of the Health Research Board Research Leaders for 2015.

As part of the award, Prof. Arensman will lead a 5 year research programme on Individual and Area Level Determinants of Self-harm and Suicide in Ireland: Enhancing Prediction, Risk Assessment and Management of Self-harm by Health Services.



Dr Christina Dillon

Christina has completed her PhD from the Department of Epidemiology and Public Health in UCC. Her thesis examined the association between physical behaviour and cardiometabolic health in middle-aged adults. Christina is currently looking at the association between weather patterns and hospital-treated self-harm incidence in Ireland using data from the National Self-harm Registry.

Dr Sara Leitao-Alexandre

Sara has completed her PhD in Occupational Health Psychology, from the Dpt. of Epidemiology and Public Health in UCC. Her doctoral research focussed on psychosocial work related factors, aiming to establish a deeper understanding of the practice and management of Occupational Health and Safety in Ireland and the UK, while exploring the role of Health and Safety Practitioners and of Safety Climate in this. She is currently a senior researcher in SSIS-ACE "Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: A case-control study".

Ms Justina Hurley

Justina completed her Masters in Public Health in 2015. Justina's thesis looked at the relationship between Institutional Child Sexual Abuse and Post-traumatic Stress Disorder in adult survivors. Justina is currently working on the National DBT Project which aims to train new dialectical behaviour therapy teams across the country.

PhD Dissertation Derek de Beurs:

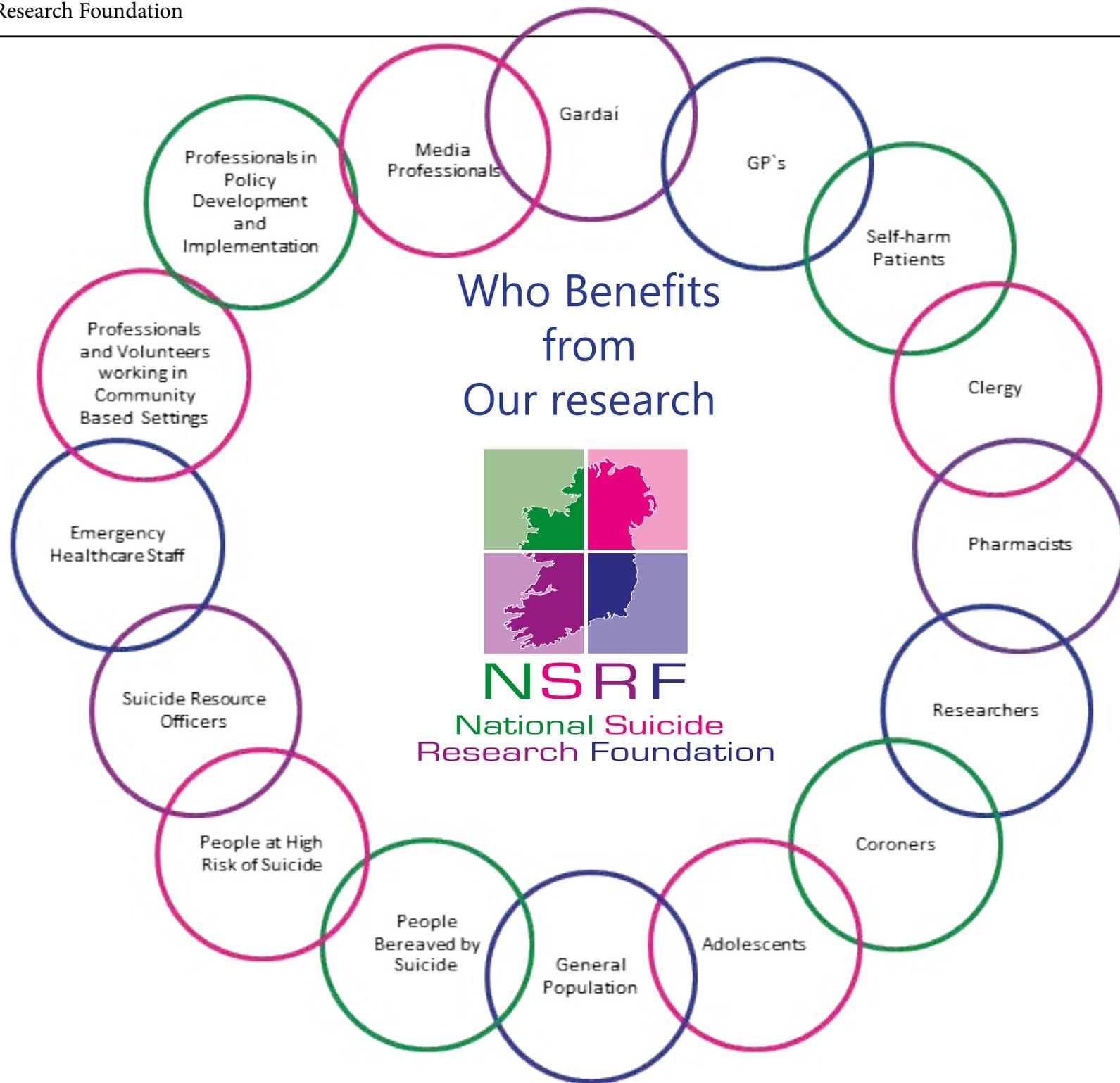
Professor Ella Arensman was External Examiner for the PhD thesis by Derek de Beurs: Improving Care for Suicidal Patients by Implementing Guideline Recommendations - On the Effects of an E-Learning supported Train-the-Trainer Programme, and the Assessment of Suicide Ideation. VU University Amsterdam, The Netherlands, 25th March 2015.

PhD Dissertation Alexandre Reynders:

Professor Ella Arensman was External Examiner for the PhD thesis by Alexandre Reynders: Understanding Differences between Regional Suicide Rates. University of Leuven, Belgium, 10th December 2015.

Public Engagement





Connecting for Life

On June 24th 2015 An Taoiseach Enda Kenny, and Minister Kathleen Lynch, TD, Minister for Primary Care, Mental Health and Disability launched '*Connecting for Life*', Ireland's new National Strategy to Reduce Suicide in Ireland 2015-2020. Dr Shekhar Saxena, Director of the Department of Mental Health and Substance Abuse at the WHO attended the launch.

The National Suicide Research Foundation contributed intensively to the development of this new strategy. Prof Ella Arensman was a member of the Strategic Planning Oversight Group and Vice Chair of the Research Advisory Group. Prof Arensman in collaboration with Prof Steve Platt, was intensively involved in writing and editing the *Connecting for Life* document. Ms Eileen Williamson was a member of the Writing Group and Communications Group. The majority of the strategic goals and actions included in the new strategy are informed and supported by research conducted by the NSRF.



MARATONE

MARATONE is a Marie Skłodowska-Curie Actions ITN programme guided by the need for high-level training and career pathways in mental health to increase the employability of young scientists in the academic, public and private sectors to meet the enormous challenge of the 2009 EU Resolution on Mental Health. In order to equip fellows with further transferable skills and prepare them for the next career steps in research, the Consortium decided at the beginning of the programme to organise a mandatory training in Grant Preparation and Scientific Writing. The training was organised by the National Suicide Research Foundation in Cork between 3rd and 6th November 2015. The group comprises of 12 Early Stage Researchers from 10 European countries, and they are currently in the 3rd year of their PhD research. They are involved in different themes relating to mental health, ranging from clinical to public health and occupational settings, and some are also involved in European research consortia. The NSRF organised an extensive agenda for the ESR's training in Cork.

World Suicide Prevention Day 2015

The theme of WSPD in 2015 was Reaching Out and Saving Lives. Across the world hundreds of events took place to spread awareness of Suicide Prevention. World Suicide Prevention Day 2015 saw again an increase in activities and participating countries, with over 800 exciting events hosted in 73 countries across the world. The NSRF hosted the Cork Cycle Around the Globe Event to mark World Suicide Prevention Day 2015.

Here in Ireland a number of exciting initiatives took place such as the Console World Suicide Prevention Day Conference 2015 which took place on Thursday 10th September in the Aviva Stadium Conference Centre, Dublin. Speaking at the conference, Professor Ella Arensman discussed integrating bereavement support and improving identification of suicide risk based on findings of the Suicide Support and Information System.



IASP World Congress in Montréal

From 16–20th June 2015, the 28th IASP World Congress: New Discoveries and Technologies in Suicide Prevention, took place in Montréal, hosted by Professor Brian Mishara. The conference was attended by 840 delegates from 56 countries, one of the largest conferences in IASP's history. Professor Ella Arensman, Director of Research with the National Suicide Research Foundation and President of IASP, spoke at the Opening Ceremony and eight members of the NSRF team gave presentations and chaired symposia and workshops over the course of the congress.



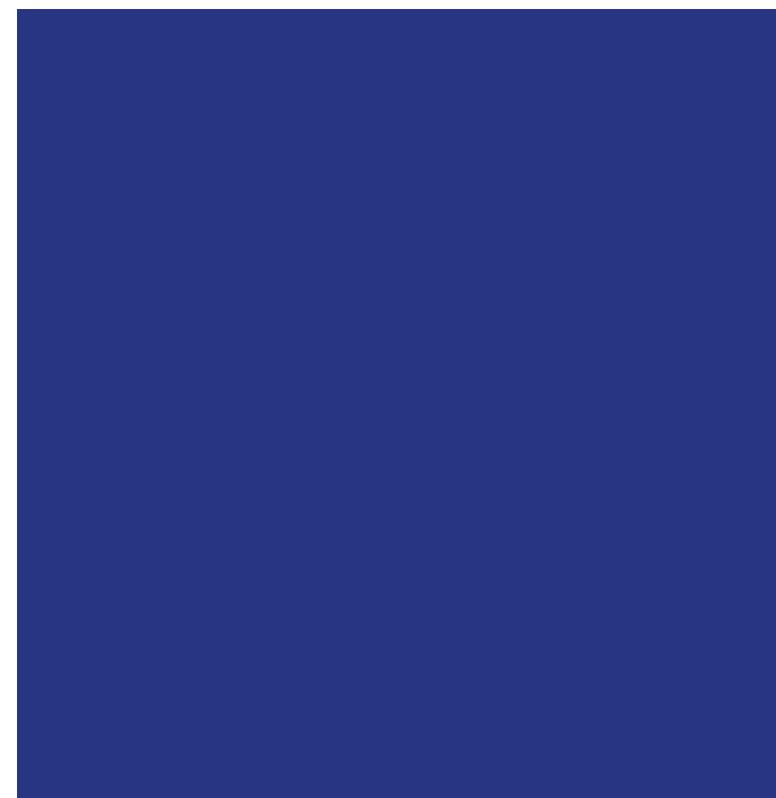
New outcomes from the National Self-Harm Registry Ireland: Implications for the aftercare of people engaging in self-harm

Minister Kathleen Lynch T.D. launched the National Self-Harm Registry Ireland Annual Report 2014 and the National Office for Suicide Prevention Annual Report 2014 at a seminar in University College Cork on Friday October 16th 2015.

The seminar included a number of presentations on the topic of self-harm management in clinical settings. Speakers on the day included: Mr Gerry Raleigh (National Office for Suicide Prevention), Ms Anne O'Connor (Mental Health Directorate, HSE), Mr Daniel Flynn (HSE South) and Dr Eugene Cassidy (Cork University Hospital).



Financial Statements



Suicide Research Foundation Limited (Company Limited By Guarantee) Members report and Financial Statements For the Financial Year Ended 31 December 2015

Members

Pat Madden
Bishop John Buckley
Patricia Casey
Bishop Paul Colton
Dave Drohan
Tom O'Dwyer
Paul Corcoran
Margaret Kelleher
Ella Arensman
Ivan J. Perry
Bertie Kelleher
Michael O'Sullivan
Barry McGale
Patricia Behan
Eugene Cassidy
Birgit Greiner
James McCarthy
Colin Bradley

Directors

Margaret Kelleher
Ivan J. Perry
Pat Madden

Secretary

Eileen Williamson

Company number

224676

Registered office

1 Perrott Avenue,
College Road,
Cork.

Auditors

H&A Accountancy Services Limited
t/a Hickey & Associates
Lough Lee House
Western Road,
Cork.

Business address

Room 4.36, Western Gateway Building,
University College Cork,
Cork.

Bankers

Allied Irish Banks plc,
66 South Mall,
Cork.

Solicitors

CCK Law Firm,
66 Fitzwilliam Square,
Dublin 2.

Contents

Members' report	52 -53
Directors' responsibilities statement	54
Independent auditors' report	55
Income & expenditure report	56 - 58
Balance sheet	59
Cash flow statement	60
Notes to the cash flow statement	61
Notes to the financial statements	62 - 69

Members Report

For the Financial Year Ended 31 December 2015

The Members present their report and financial statements for the year ended 31 December 2015.

Principal activities and review of the business

The principal activity of the company continued to be research into suicide and incidents of deliberate self harm in Ireland, and the recording for research purposes of all reported incidents of suicide and deliberate self-harm, in order to encourage the prevention of suicide.

The company has a surplus for the financial year in the amount of €7,027 (2014: €69,420). The members are satisfied with the results of the company in view of the prevailing economic conditions.

The principal risk to the company relates to the continuing award of core and registry funding and awards for additional research projects over and above the core research and registry funding. This directly impacts on the company's cost base as a significant proportion of the company's expenditure is salaries and related costs and the level of these are determined by the amount of available funding. The members are of the opinion that they have taken all necessary steps to control costs as much as possible to ensure the continuity of the company in the long term, and these will be kept under review in 2016 to ensure the company's future viability.

Companies Act 2014

The Companies Act 2014 commenced on 1 June 2015 and the company is considered to be a Designated Activity Company under Part 16 of the Act, which is defined as including a private company limited by guarantee. The company is in the process of converting to a Company Limited by Guarantee (CLG) under Part 18 of the Companies Act 2014.

Results and dividends

The results for the financial year are set out on pages 55, 56 & 57.

The company has no share capital, and thus has not paid or declared any dividends in the 2015 financial year.

Post balance sheet events

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations or the state of the affairs of the company in the financial period subsequent to the financial year ended 31 December 2015.

Future developments

The company's future plans include attempting to secure core funding for research for periods of five years, instead of on an annual basis, in addition to making application to various organisations for new funding for a variety of research projects.

Members

The following members have held office since the 1st January 2015:

Patrick Madden	Bishop John Buckley
Patricia Casey	Bishop Paul Colton
Dave Drohan	Tom O'Dwyer
Paul Corcoran	Ella Arensman
Margaret Kelleher	Ivan J. Perry
Bertie Kelleher	Michael O'Sullivan
Barry McGale	Patricia Behan

Members Report (continued) For the Financial Year Ended 31 December 2015

The following persons became members of the company during the 2015 financial year:

Dr. Eugene Cassidy
James McCarthy

Dr. Birgit Greiner
Prof. Colin Bradley

An Executive Committee made up of the following persons was formed from Company Members:

Margaret Kelleher
Patrick Madden
Michael O'Sullivan
Eugene Cassidy

Ivan J. Perry
Dave Drohan
Barry McGale
James McCarthy
(Appointed 15 September 2015)

Members interests

The members have no beneficial interest in the company as there is no issued share capital, and the company is limited by guarantee.

Accounting records

The company's members are aware of their responsibilities, under sections 281 to 285 of the Companies Act 2014, as to whether, in their opinion, the accounting records of the company are adequate, and are discharging their responsibility by:

1. Employing qualified and experienced staff,
2. Ensuring that sufficient company resources are available for the task,
3. Liaising with the company's auditors, and
4. Arranging to guard against falsification of the records.

The accounting records are held at the company's business premises, Room 4.36, Western Gateway Building, University College Cork, Cork.

Taxation status

The company was not a close company as defined by Section 430 Taxes Consolidation Act 1997 and this position has not changed since the end of the financial year.

Auditors

In accordance with section 400(1) of the Companies Act 2014 Hickey & Associates resigned as statutory auditor of the company, and H&A Accountancy Services Limited, the incorporation of Hickey & Associates, were appointed and will continue in office as auditors of the company.

On behalf of the board



Pat Madden
Director



Ivan J. Perry
Director

Date: 22 June 2016

Directors' Responsibilities Statement For the Financial Year Ended 31 December 2015

General responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with Companies Act 2014 and the Financial Reporting Standard for Smaller Entities (effective January 2015) applicable in the UK and the Republic of Ireland, issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for that financial year and otherwise comply with the Companies Act 2014.

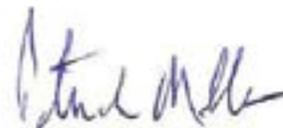
In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors confirm that they have complied with the above requirements in preparing the financial statements. The directors are responsible for ensuring that the company keeps or causes to be

kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board



.....
Pat Madden
Director



.....
Ivan J. Perry
Director

Date: 22 June 2016

Independent Auditors' Report For the Financial Year Ended 31 December 2015

We have audited the financial statements of Suicide Research Foundation Limited for the financial year ended 31 December 2015 set out on pages 6 to 19. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and the Financial Reporting Standard for Smaller Entities (effective January 2015) applicable in the UK and the Republic of Ireland issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland.

This report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our work, for this report, or for the opinions we have formed.

Respective responsibilities of the members and auditors

As explained more fully in the Directors Responsibilities Statement on page 54, the directors

are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and otherwise comply with Companies Act 2014.

Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the members; and the overall presentation of the financial statements.

In addition, we read all the financial and non-financial information in the Members Report to identify

material inconsistencies with the audited financial statements, and to identify any information that is apparently materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2015 and of its surplus for the financial year then ended ; and
- have been properly prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) applicable in the UK and the Republic of Ireland, issued by the Financial Reporting Council and, in particular, the requirements of the Companies Act 2014.

Matters on which we are required to report by the Companies Act 2014

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

- In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited.
- The financial statements are in agreement with the accounting records.
- In our opinion, the information given in the Members Report is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report to you in respect of our obligation under the Companies Act 2014, if in our opinion, the disclosures of directors' remuneration and transactions specified by sections 305 to 312 of the Act are not made.



.....
Nigel L. Hickey
22 June 2016

For and on behalf of:

H&A Accountancy Services Limited
t/a Hickey & Associates
Chartered Accountants
Registered Auditors

Income & Expenditure Account For the financial year ended 31 December 2015

	Notes	2015 €	2014 €
Turnover	2	<u>1,428,192</u>	<u>1,317,111</u>
Foundation Foundation costs	300,000 <u>(285,324)</u>	14,676	300,000 <u>(262,000)</u>
Registry Registry costs	536,002 <u>(550,825)</u>	(14,823)	536,000 <u>(535,789)</u>
HRB ICE funding Funding receivable Expenses	37,163 <u>(37,710)</u>	(547)	16,734 <u>(16,734)</u>
HRB SSIS ACE Funding Funding receivable Expenses	112,665 <u>(112,665)</u>	-	96,570 <u>(96,570)</u>
IASP Funding Funding receivable Expenses	10,515 <u>(11,219)</u>	(704)	2,230 <u>(2,230)</u>
Donegal Study Funding receivable Expenses	63,667 <u>(63,667)</u>	-	35,732 <u>(35,732)</u>
MARATONE Funding Funding receivable Expenses	66,225 <u>(66,225)</u>	-	61,919 <u>(61,919)</u>
Endeavour DBT Project Funding receivable Expenses	165,786 <u>(166,208)</u>	(422)	114,643 <u>(114,643)</u>
ERRIS Social Prescribing Funding receivable Expenses	5,985 <u>(3,985)</u>	2,000	9,295 <u>(9,295)</u>
HSE NOSP Information Officer Funding receivable Expenses	44,531 <u>(44,531)</u>	-	25,204 <u>(25,204)</u>
Manchester Pharma Study Funding receivable Expenses	13,018 <u>(13,018)</u>	-	- <u>-</u>

Income & Expenditure Account (continued) For the financial year ended 31 December 2015

	Notes	31 December 2015 €		31 December 2014 €
WHO Project		-		-
Funding receivable	11,647		-	
Expenses	<u>(11,647)</u>		-	
JAMIE Project		-		-
Funding receivable	-		7388	
Expenses	<u>-</u>		<u>(7388)</u>	
IAS Award		-		-
Funding receivable	-		1576	
Expenses	<u>-</u>		<u>(1576)</u>	
PREDI-NU Project		-		-
Funding receivable	-		64,361	
Expenses	<u>-</u>		<u>(64,361)</u>	
Private donations		77		820
Northern Ireland Statistical Consultancy		7,025		24,700
Funding receivable	60,911		24,700	
Expenses	<u>(53,886)</u>		-	
NI Maternity Cover		-		3,856
Funding receivable	-		19,939	
Expenses	<u>-</u>		<u>(14,926)</u>	
Operating surplus	3	7,282		67,587

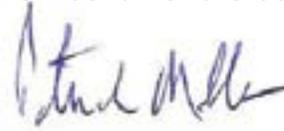
Income & Expenditure Account (continued) For the financial year ended 31 December 2015

	Notes	31 December 2015 €	31 December 2014 €
Interest received	4	471	2,497
Bank interest & charges	5	<u>(726)</u>	<u>(664)</u>
Excess of income on ordinary activities before taxation		7,027	69,420
Taxation	6	-	-
Net surplus for the financial year after taxation	10	<u>7,027</u>	<u>69,420</u>

The income & expenditure account has been prepared on the basis that all operations are continuing operations.

There are no recognised gains and losses other than those passing through the income & expenditure account.

On behalf of the board



Pat Madden
Director



Ivan J. Perry
Director

Balance Sheet As at 31 December 2015

	Notes	2015 €	2014 €
Fixed Assets			
Tangible assets	7	€7,700	12,553
Current assets			
Debtors	8	193,448	126,805
Cash at bank and in hand		<u>232,174</u>	<u>169,423</u>
Creditors: amounts falling due within one year	9	425,622 <u>(278,786)</u>	296,228 <u>(161,272)</u>
Net current assets		146,836	134,956
Total assets less current liabilities		<u>154,536</u>	<u>147,509</u>
Reserves	10		
Income & expenditure account		154,536	147,509
Accumulated funds	11	<u>154,536</u>	<u>147,509</u>

Approved by the members and authorised for issue on 22 June 2016



Pat Madden
Director



Ivan J. Perry
Director

Cash Flow Statement For the financial year ended 31 December 2015

	Notes	2015 €	2014 €
Net cash inflow/(outflow) from operating activities (Note 1)		€63,006	(299,281)
Returns on investments and servicing of finance			
Interest received	471	2,497	
Interest & similar charges paid	<u>(726)</u>	<u>(644)</u>	
Net cash (outflow)/inflow for returns on investments and servicing of finance		(255)	1,833
Payments to acquire tangible assets		<u>-</u>	<u>(3,012)</u>
Net cash inflow/outflow before management of liquid resources and financing		<u>62,751</u>	<u>(300,460)</u>
Increase/(decrease) in cash in the financial year (Note 2)		<u>62,751</u>	<u>(300,460)</u>

Notes to the Cash Flow Statement For the financial year ended 31 December 2015

1 Reconciliation of operating profit to net cash inflow/(outflow) from operating activities		2015		2014
		€		€
Operating profit		7,282		67,587
Depreciation of tangible assets		4,853		4,779
(Increase) in debtors		(66,643)		(43,168)
Increase/(decrease) in creditors within 1 year		117,514		(328,479)
Net cash inflow/(outflow) from operating activities		<u>63,006</u>		<u>(299,281)</u>
2 Analysis of net funds	1 January 2015	Cash Flow	Other non-cash changes	31 December 2015
	€	€	€	€
Net cash:				
Cash at bank and in hand	169,423	62,751	-	232,174
Net funds	<u>169,423</u>	<u>62,751</u>	<u>-</u>	<u>232,174</u>
Reconciliation of net cash flow to movement in net funds		2015		2014
		€		€
Increase/(decrease) in cash in the financial year		<u>62,751</u>		<u>(300,460)</u>
Movement in net funds in the financial year		62,751		(300,460)
Opening net funds		<u>169,423</u>		<u>469,883</u>
Closing net funds		<u>232,174</u>		<u>169,423</u>

Notes to the Financial Statements For the Financial Year Ended 31 December 2015

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention on a going concern basis and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable law and the accounting standard issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland (Generally Accepted Accounting Practice in Ireland), which have been applied consistently (except as otherwise stated).

1.3 Turnover

Grants and other funding are credited to the income & expenditure account in the financial year in which they are received, or when the relative expenditure takes place, whichever is the later.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Furniture, fittings & computer equipment	20% Straight line basis
--	-------------------------

1.5 Pension contributions

The company contributes to various defined contribution pension plans for the benefit of its employees and members. The cost to the company of the contributions payable are charged to the income and expenditure account in the financial year they are payable. The pension plans are held in the names of the individual employees/members and thus the assets held in those plans are not included in the company's assets.

1.6 Deferred taxation

Deferred taxation is provided at appropriate rates on all timing differences using the liability method only to the extent that, in the opinion of the directors, there is a reasonable probability that a liability or asset will arise in the foreseeable future.

1.7 Foreign currency translation

Monetary assets and liabilities denominated in foreign currencies are translated into euro at the rates of exchange ruling at the dates of payments or receipts. Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction payment or receipt. Consequently there are no differences in foreign currency translations between the rates ruling at the dates of the transactions and the dates of payment or receipt.

1.8 Government grants

Revenue grants are credited to the income & expenditure account in the financial year in which they are received, or when the relative expenditure takes place, whichever is the later.

Grants towards capital expenditure are credited to a deferred capital expenditure accrual when they are received, and related capital expenditure debited against the accrual in the financial year in which it is expended.

Notes to the Financial Statements (continued)

For the Financial Year Ended 31 December 2015

1 Accounting policies (continued)

1.9 Taxation

The current tax charge is recognised in the income & expenditure account for the financial year as appropriate, is based on the surplus for the financial year, and is calculated with reference to the tax rates applicable at the balance sheet date.

2 Turnover

The total turnover of the company for the financial year has been derived from its principal activity undertaken in the Republic of Ireland, and comprises grant income.

3 Operating surplus	2015	2014
	€	€
The operating surplus is stated after charging:		
Depreciation of tangible assets	4,853	4,779
Operating lease rentals		
- Leased premises	20,000	5,000
Auditors' remuneration	7,038	7,038
Remuneration of auditors for non-audit work	<u>6,000</u>	<u>6,000</u>
4 Interest receivable and similar income	2015	2014
	€	€
Bank interest	<u>471</u>	<u>2,497</u>
5 Interest payable & similar charges	2015	2014
	€	€
Bank charges	<u>726</u>	<u>664</u>

Notes to the Financial Statements (continued) For the Financial Year Ended 31 December 2015

6 Taxation	2015 €	2014 €
Current tax charge	-	-
Factors affecting the tax charge for the financial year		
Profit on ordinary activities before taxation	<u>7,027</u>	<u>69,420</u>
Profit on ordinary activities before taxation multiplied by standard rate of Irish corporation tax of 12.50% (2014: 12.50%)	<u>877</u>	<u>8,677</u>
Effects of: Other tax adjustments	<u>(877)</u>	<u>(8,677)</u>
	<u>(877)</u>	<u>(8,677)</u>
Current tax charge	<u>-</u>	<u>-</u>

The Company is registered as a charity and as such their activities are exempt from corporation tax, thus no provision for corporation tax has been made in these Financial Statements and no losses are carried forward.

No provision for deferred taxation has been made in these financial statements as there is no corporation tax liability.

Notes to the Financial Statements (continued) For the Financial Year Ended 31 December 2015

7 Tangible fixed assets	Furniture, Fittings & computer equipment
Cost	
At 1 January 2015 & 31 December 2015	<u>24,263</u>
Depreciation	
At 1 January 2015	11,710
Charge for the financial year	<u>4,853</u>
At 31 December 2015	<u>16,563</u>
Net book value	
At 31 December 2015	<u>7,700</u>
At 31 December 2014	<u>12,553</u>
In respect of prior financial year:	Plant and Machinery
Cost	
At 1 January 2014	21,251
Additions	<u>3,012</u>
At 31 December 2014	<u>24,263</u>
Depreciation	
At 1 January 2014	6,931
Charge for the financial year	<u>4,779</u>
At 31 December 2014	<u>11,710</u>
Net book value	
At 31 December 2014	<u>12,553</u>
At 31 December 2013	<u>14,320</u>

Notes to the Financial Statements (continued) For the Financial Year Ended 31 December 2015

8 Debtors	2015 €	2014 €
Interest accrued	50	111
Accrued income & sundry debtors	<u>193,398</u>	<u>126,694</u>
	<u>193,448</u>	<u>126,805</u>

The terms of payment of interest accrued is based on the amounts credited by the bank where the deposit is placed.

The terms of payment of accrued income and deferred income are based on the underlying contracts.

9 Creditors: amounts falling due within one year	2015 €	2014 €
Other creditors	25,954	28,508
Accruals	86,243	27,359
Deferred income	<u>166,589</u>	<u>105,405</u>
	<u>278,786</u>	<u>161,272</u>
Included in other creditors are amounts relating to taxation as follows: PAYE control account	<u>25,954</u>	<u>28,508</u>

Taxes, social insurance and VAT are subject to the terms of underlying legislation

The terms of accruals are based on the underlying contracts

Deferred income is deferred to the period in which the income becomes due in accordance with the underlying contracts.

Notes to the Financial Statements (continued) For the Financial Year Ended 31 December 2015

10 Statement of movements on income & expenditure account

Balance at 1 January 2015
Surplus for the financial year

**Income &
expenditure
account**
€

147,509
7,027

Balance at 31 December 2015

154,536

In respect of prior financial year:

**Income &
expenditure
account**
€

Balance at 1 January 2014
Surplus for the financial year

78,089
69,420

Balance at 31 December 2014

147,509

11 Reconciliation of movements in accumulated funds

2015
€

2014
€

Surplus for the financial year
Opening accumulated funds

7,027
147,509

69,420
78,089

Closing accumulated funds

154,536

147,509

12 Contingent liability

The company's solicitors are in process of drawing up a licence agreement for the occupation of the company's business premises. They estimate that the costs in this regard will amount to between €1,000 and €2,000.

Notes to the Financial Statements (continued) For the Financial Year Ended 31 December 2015

13 Employees

Number of employees

The average monthly number of employees (excluding the 3 directors) during the financial year was:

	2015	2014
	€	€
Foundation	16	15
Registry	<u>16</u>	<u>15</u>
	<u>32</u>	<u>30</u>
Employment Costs	2015	2014
	€	€
Wages and salaries	990,678	878,968
Social security costs	100,451	89,060
Company pension costs	<u>19,664</u>	<u>18,374</u>
	<u>1,110,793</u>	<u>986,402</u>

14 Members' interests and guarantees

The members have no beneficial interest in the company, as the company was incorporated, without share capital, as a company limited by guarantee. According to the Memorandum & Articles of Association each member is limited by guarantee to a maximum of €1.27.

15 Post balance sheet events

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations or the state of the affairs of the company in the financial period subsequent to the financial year ended 31 December 2015.

Notes to the Financial Statements (continued) For the Financial Year Ended 31 December 2015

16 Financial commitments

At 31 December 2015 the company was committed to making the following payments under non-cancellable operating leases in the financial year to 31 December 2016.

	Land and Buildings	
	2015 €	2014 €
Operating leases which expire:		
Within one financial year	20,000	20,000
Between two and five financial years	<u>55,000</u>	<u>75,000</u>
	<u>75,000</u>	<u>95,000</u>

17 Approval of financial statements

The Members approved the financial statements on 22 June 2016.

Foundation Detailed Income & Expenditure Account For the Financial Year Ended 31 December 2015

	2015 €		2014 €	
Foundation Income HSE - NOSP	<u>300,000</u>	300,000	<u>300,000</u>	300,000
Foundation costs				
Salaries & wages	198,226		170,875	
Social welfare costs	21,349		21,160	
Pension costs	10,429		11,107	
Light, heat & power	-		124	
Posting, printing, advertising & stationery	3,481		5,148	
Travel costs	14		2,174	
Meetings & conferences	11,726		11,539	
Fees, training & subscriptions	7,090		8,114	
Accountancy costs	3,000		3,000	
Audit fees	3,519		3,519	
Telephones	3,855		4,331	
Computer running costs	9,363		13,993	
Insurance	3,072		2,689	
Repairs & maintenance	-		125	
Sundry Expenses	200		1,602	
Rent & rates	<u>10,000</u>	<u>(285,324)</u>	<u>2,500</u>	<u>(262,000)</u>
Surplus		14,676		38,000

Foundation Detailed Income & Expenditure Account (continued) For the Financial Year Ended 31 December 2015

	2015 €	2014 €
HRB ICE funding	(547)	-
Funding receivable	37,163	16,734
Salaries & wages	(27,505)	(13,115)
Social welfare costs	(2,898)	(1,328)
Travel costs	(281)	-
Stationery & printing	(2,500)	-
Meetings & conferences	(2,235)	-
Pension costs	<u>(2,291)</u>	<u>(2,291)</u>
HRB SSIS ACE funding	-	-
Funding receivable	112,665	96,570
Salaries & wages	(85,824)	(77,276)
Social welfare costs	(11,046)	(8,022)
Travel costs	(2,837)	(901)
Telephone	(1,349)	(808)
Stationery & printing	(61)	(1,980)
Fees & subscriptions	(1,228)	-
Honoraria	-	(407)
Meeting & conferences	(8,587)	(2,777)
Computer running costs	(1,733)	(582)
Computers	<u>-</u>	<u>(3,817)</u>

Foundation Detailed Income & Expenditure Account (continued) For the Financial Year Ended 31 December 2015

	2015 €	2014 €
IASP funding	(704)	-
Funding receivable	10,515	2,230
Salaries & wages	(6,310)	(2,023)
Social welfare costs	(896)	(207)
Travel Costs	(1,591)	-
Stationery & printing	(1,016)	-
Fees & subscriptions	(100)	-
Meetings & conferences	<u>(1,306)</u>	<u>-</u>
Donegal Study	-	-
Funding receivable	63,667	35,732
Salaries & wages	(49,645)	(25,055)
Social welfare costs	(5,337)	(2,693)
Travel costs	(2,440)	(3,231)
Telephones	(160)	-
Stationery & supplies	-	(303)
Meetings & conferences	(2,079)	(1,393)
Pension costs	(3,972)	(2,004)
Computer running costs	(34)	-
Computers	<u>-</u>	<u>(1,053)</u>

Foundation Detailed Income & Expenditure Account (continued) For the Financial Year Ended 31 December 2015

	2015 €	2014 €
MARATONE funding	-	-
Funding receivable	66,225	61,919
Salaries & wages	(46,163)	(46,165)
Social welfare costs	(4,966)	(4,963)
Travel Costs	(1,949)	(838)
Stationery, printing & postage	(139)	(40)
Fees & subscriptions	(5,626)	(1,972)
Meetings & conferences	<u>(7,382)</u>	<u>(7,941)</u>
Endeavour DBT Project	(422)	-
Funding receivable	165,786	114,643
Salaries & wages	(127,962)	(81,662)
Social welfare costs	(11,259)	(8,631)
Travel costs	(12,935)	(9,061)
Stationery & supplies	(370)	(232)
Fees & subscriptions	(12,393)	(10,000)
Meetings & conferences	(1,214)	(5,057)
Computer running costs	<u>(75)</u>	<u>-</u>

Foundation Detailed Income & Expenditure Account (continued) For the Financial Year Ended 31 December 2015

	2015 €	2014 €
ERRIS Social Prescribing	2,000	-
Funding receivable	5,985	9,295
Salaries & wages	(3,133)	(7,269)
Social welfare costs	(268)	(618)
Travel Costs	(363)	(860)
Stationery, printing & postage	(14)	(126)
Meetings & conferences	<u>(207)</u>	<u>(422)</u>
HSE NOSP Information Officer	-	-
Funding receivable	44,531	25,204
Salaries & wages	(40,209)	(21,944)
Social welfare costs	(4,322)	(2,345)
Fees & subscriptions	<u>-</u>	<u>(915)</u>
Manchester Pharma Study	-	-
Funding Receivable	13,018	-
Salaries & wages	(7,937)	-
Social welfare costs	(2,092)	-
Fees & subscriptions	(2,935)	-
Meetings & conferences	<u>(54)</u>	<u>-</u>

Foundation Detailed Income & Expenditure Account (continued) For the Financial Year Ended 31 December 2015

	2015 €	2014 €
WHO Project	-	-
Funding receivable	11,647	-
Salaries & wages	(8,332)	-
Social welfare costs	(704)	-
Meetings & conferences	<u>(2,611)</u>	<u>-</u>
JAMIE Project	-	-
Funding receivable	-	7,388
Salaries & wages	-	(6,696)
Travel costs	-	(190)
Meetings & conferences	<u>-</u>	<u>(502)</u>
IAS Award	-	-
Funding Receivable	-	1,576
Travel costs	-	(73)
Fees & subscriptions	-	(343)
Meetings & conferences	-	(191)
IAS Award	<u>-</u>	<u>(969)</u>

Foundation Detailed Income & Expenditure Account (continued) For the Financial Year Ended 31 December 2015

	2015 €	2014 €
PREDI-NU Project	-	-
Funding receivable	-	64,361
Salaries & wages	-	(49,650)
Social welfare costs	-	(2,470)
Travel costs	-	(1,825)
Stationery & supplies	-	(1,894)
Fees & subscriptions	-	(2,772)
Meetings & conferences	-	(5,320)
Computer	<u>-</u>	<u>(430)</u>
Private donations	<u>77</u>	<u>820</u>
Foundation surplus	<u><u>15,080</u></u>	<u><u>38,820</u></u>

Registry Detailed Income & Expenditure Account For the Financial Year Ended 31 December 2015

	2015 €	2014 €
Registry Income		
HSE - NOSP	536,002	536,000
Registry Costs		
Salaries & wages	342,693	366,046
Social welfare costs	33,069	35,466
Pension costs	2,972	2,972
Data collectors	39,909	4,234
Data collection travel costs	34,931	33,501
Fees, training & subscriptions	8,022	10,633
Fees to HRB Scholar	28,798	30,000
Rent & rates	10,000	2,500
Insurance	3,072	2,689
Light, power & heat	-	124
Repairs & maintenance	-	125
Postage, printing, advertising & stationery	6,258	8,907
Telephones	2,543	2,384
Travel costs	4,300	2,252
Meetings & conferences	10,690	4,952
Accountancy fees	3,000	3,000
Audit fees	3,519	3,519
Computer running costs	11,996	17,168
Sundry expenses	200	538
Depreciation	4,853	4,779
Write down of value of tangible assets	-	-
	<u>(550,825)</u>	<u>(535,789)</u>
(Deficit)/surplus	(14,823)	211

Registry Detailed Income & Expenditure Account (continued) For the Financial Year Ended 31 December 2015

	2015 €	2014 €
Northern Ireland Statistical Consultancy	7,025	24,700
Funding receivable	60,911	24,700
Salaries receivable	(46,739)	-
Social welfare costs	(2,245)	-
Travel costs	(1,130)	-
Meetings & conferences	<u>(3,772)</u>	<u>-</u>
Northern Ireland Maternity Cover	-	3,856
Funding receivable	-	19,939
Salaries & wages	-	(11,192)
Social welfare costs	-	(1,157)
Travel costs	-	(919)
Stationery & supplies	-	(60)
Fees & subscriptions	-	(1,039)
Meetings & conferences	<u>-</u>	<u>(1,716)</u>
Registry (deficit)/surplus	<u><u>(7,798)</u></u>	<u><u>28,767</u></u>
Overall net excess operating income over expenditure for the financial year	<u><u>7,282</u></u>	<u><u>67,587</u></u>



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