LUCAS KU Leuven is looking for a PhD student for the MINDUP project about 'Mental Health Promotion and Intervention in Occupational Settings'

LUCAS is the interdisciplinary knowledge center of KU Leuven on care and wellbeing. (www.kuleuven.be/lucas).

## **Project**

#### The project in general

MINDUP is a four-year project involving 17 partners in Europe and Australia, involving a wide range of disciplines, aimed at developing an intervention programme that can be successfully implemented by Small and Medium Enterprises, targeting construction, healthcare and ICT sectors in particular.

The MINDUP interdisciplinary consortium (including the European Alliance Against Depression and Mates in Construction), will develop, implement and evaluate interventions to (1) improve mental health and (2) to reduce depression and suicide among staff of Small and Medium sized Enterprises. This project focuses on interventions in SMEs in three sectors: construction, health and ICT. The SMEs are situated in 8 countries: Germany, the Netherlands, Spain, Finland, Ireland, Albania, Kosovo and Hungary. The intervention consist of three components: (1) addressing non-clinical symptoms, (2) addressing clinical disorders and (3) destignatizing mental health issues in SMEs. This project is funded by the EU-Horizon 2020 programme: Mental Health in the Workplace

### Role of LUCAS KU Leuven in the project

LUCAS KU Leuven monitors and evaluates the MINDUP intervention programme during a pilot phase and a broader implementation phase. First, we rely on the REAIM framework to monitor and evaluate the implementation process in a pilot study. During this pilot study, the intervention will be implemented in one SME per country. We will subsequently analyse the outcomes of the broader implementation of the intervention via a cluster randomized controlled trial among at least 48 SMEs. During this broader implementation process, the participants in the intervention and control group will complete a baseline assessment (survey) at the start of the intervention, 9 months later (when the intervention is finished) and 13 months later (4 months after the intervention).

### **Profile**

- Master in psychology/psychiatry/public health/medicine/biostatistics:
  - Work and organizational psychology and/or clinical psychology
- Strong expertise in statistics: Experience with basic statistics in SPSS is a prerequisite
  - Experience in multilevel analyses, longitudinal analyses and missing data analyses is an important surplus
- Strong methodological skills:
  - Experience with quantitative (e.g. survey development) and qualitative (e.g. focus groups) methods
- Fluent in English: both oral and written
  - Experience in academic writing is an advantage
  - o Experience in presenting in English is an advantage
- Attitudes:
  - o Team player, punctual, highly motivated, critical mind, flexible
- Experience in evaluating implementation processes and outcomes is strongly appreciated
- Knowledge of specific task, team and organizational characteristics of SMEs is highly valued

# Offer

- A full time position with a doctoral scholarship for 4 years (condition: yearly positive evaluation)
- Support of an interdisciplinary team of researchers (both clinical and work and organizational psychologists)
- A vigorous and challenging work environment with extensive interdisciplinary learning opportunities

## Interested?

Contact prof. dr. Chantal Van Audenhove to receive more information: <a href="mailto:chantal.vanaudenhove@kuleuven.be">chantal.vanaudenhove@kuleuven.be</a> or +32 16 37 34 31

You can apply for this job until 01/12/2019 by our online application

https://www.kuleuven.be/personeel/jobsite/jobs/55462220

KU Leuven wants to create an environment in which all talents are fully deployed, regardless of gender, age, cultural background, nationality or functional limitation. In case you have questions about the accessibility or opportunities for support, please contact <u>diversiteit.HR@kuleuven.be</u>