

2016 statistics at a glance

Presentations
11,485

Persons
8,909



RATES:

206
per 100,000
1 in every 485
had a self-harm act



Male: 20-24 year-olds
(516 per 100,000)

1 in every 194



Female: 15-19 year-olds
(763 per 100,000)

1 in every 131

PEAK RATES WERE AMONG YOUNG PEOPLE

TIME:

Peak time



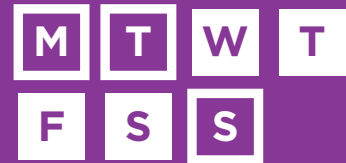
Midnight



7pm

3am

Almost **half** of presentations were made between 7pm-3am



Monday, Tuesday and Sunday had the highest number of self-harm presentations

METHOD:

2 in every 3 involved **overdose**



1 in every 3 involved **alcohol**

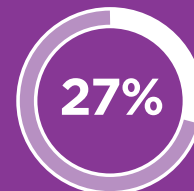


Men



Women

One-quarter involved **self-cutting**



TREATMENT:



71% received an assessment in the ED



76% received a follow-up recommendation after discharge



13% left the ED without being seen

GEOGRAPHY:



Urban

Rural

Higher incidence of self-harm in urban areas