

Training Programme Self-Harm Assessment and Management for General Hospitals in Ireland - SAMAGH



Organised by
**The National Suicide Research Foundation
and
School of Public Health
University College Cork**

Dates and venues:

24-25 February 2022 at ASSERT Centre, UCC, Cork.

&

6-7 April 2022 at The Pillar Centre for Transformative
Healthcare Centre, Mater Hospital, Dublin



SAMAGH

SAMAGH is an advanced training programme to improve the assessment, management, and support for self-harm patients, with a specific focus on high-risk self-harm and people engaging in frequent self-harm repetition.

A unique element of SAMAGH is in-depth simulation skills training with a focus on enhancing biopsychosocial assessment and management for high-risk self-harm and patients with frequent self-harm repetition.

SAMAGH consists of two training components. The first part is an E-Learning programme, whereby through 8 comprehensive modules, participants will extend their knowledge of self-harm and suicide, focusing on delivering evidence-based treatments for self-harm patients.

The second part of the programme involves a two-day face to face (or virtual) intensive training course, including simulation training using real-life case scenarios and feedback sessions facilitated by experienced clinicians.

The SAMAGH training has been developed by Prof Ella Arensman and an interdisciplinary team at the National Suicide Research Foundation and School of Public Health, UCC

<https://bmchealthservres.biomedcentral.com/articles/10.1186/s12913-020-05254-x>

SAMAGH has been CPD accredited by the Irish College of Psychiatrists and An Bord Altranais.

Pending COVID-19 related restrictions, the training will be delivered in person or in a virtual setting.



Key features of SAMAGH

- Innovative training including simulation, case scenarios and E-Learning
- Conducting a biopsychosocial assessment among self-harm simulation patients
- Focus on clinical self-harm subgroups
- Small group training and in-depth feedback

Participants' Experience

"The difference with the SAMAGH training is it's more in depth"

"For me the biggest thing was the benefit of the simulation training"

"It is worth all mental health professionals having this sort of training"

"I would say SAMAGH training needs to be more widespread...for more people to benefit from it"

Who can register?

Mental health professionals, including Clinical Nurse Specialists, Psychiatrists, Psychiatry Registrars, Non-Consultant Hospital Doctors and Clinical Psychologists.

For online registration:

<https://docs.google.com/forms/d/e/1FAIpQLSfRvmfT9X2I5UTWiScAlvWK1xbQut25JPbXp6IPBHJPg0F5MQ/viewform?vc=0&c=0&w=1&flr=0>

***Last date to register - 16/02/22**

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The SAMAGH programme is funded by the HSE-National Office for Suicide Prevention & Health Research Board Ireland, therefore this course is offered free of charge.