

# Self-Harm Assessment and Management Training for General Practitioners in Ireland



Organised by  
The National Suicide Research Foundation and  
School of Public Health  
University College Cork

Dates, times and venue:

9<sup>th</sup> December 2022

20<sup>th</sup> January 2023

27<sup>th</sup> January 2023

(9:00 am-5:00 pm)

ASSERT Centre Brookfield Health Sciences Complex,  
College Rd, University College Cork.



## SAMAGH

SAMAGH is an advanced training programme to improve the assessment, management, and support for self-harm patients, with a specific focus on high-risk self-harm and individuals engaging in frequent self-harm repetition. The SAMAGH training has been tailored to primary care in order to ensure it is relevant to general practitioners in Ireland, who are supporting self-harm patients.

A unique element of SAMAGH is in-depth simulation skills training with a focus on enhancing the patient relationship and management of patients with high-risk self-harm and patients with frequent self-harm repetition.

SAMAGH consists of two training components. The first part is an E-Learning programme, whereby through 8 comprehensive modules, participants will extend their knowledge of self-harm and suicide, focusing on enhanced assessment and referral to evidence-based treatments for self-harm patients.

The second part of the programme involves a one-day face to face simulation training course, using real-life patient scenarios and feedback sessions facilitated by experienced clinicians.

The SAMAGH training has been developed by Prof Ella Arensman and an interdisciplinary team at the National Suicide Research Foundation and School of Public Health, in collaboration with the Department of General Practice and Department of Psychiatry at UCC.

<https://bmchealthservres.biomedcentral.com/articles/10.1186/s12913-020-05254-x>

SAMAGH is a CPD accredited training programme in Ireland.



## Key features of SAMAGH

- Innovative training with main focus on simulation patient scenarios and E-Learning
- Enhancing assessment and management of patients presenting with self-harm in primary care
- Focus on clinical self-harm subgroups
- Small group training and in-depth feedback

## Participants' Feedback

*"The SAMAGH training makes a difference because it is more in depth"*

*"For me the biggest thing was the benefit of the simulation training"*

*"I think induction and simulation training would be really good for GPs"*

*"I would say SAMAGH training needs to be more widespread...for more people to benefit from it"*

For online registration :

<https://docs.google.com/forms/d/e/1FAIpQLScGVnJ5g--r52UczoFahrnFIOuOCIOdhfZa7Aj98SdxXRSZNw/viewform>

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