

# 2020 Statistics at a Glance

Presentations

**12,553**

Persons

**9,550**



2019

2020

Rate of self-harm is similar to that recorded in 2019

## RATES:

**200**  
per 100,000

**1 in every 500**  
had a self-harm act



**Male:** 25-29 year-olds  
**1 in every 233**



**Female:** 15-19 year-olds  
**1 in every 128**

PEAK RATES WERE AMONG YOUNG PEOPLE

## TIME:



Peak time  
**9pm**



**Almost half**  
of presentations made between 5pm-1am



**12%**



**22%**



**11%**



There were fewer presentations in March, April and December coinciding with COVID-19 restrictions

## METHOD:

**2 in every 3**  
involved **overdose**



**62%**

**1 in every 3**  
involved **alcohol**



**38%**

**Men**



**28%**

**Women**

**3 in every 10**  
involved **self-cutting**



**31%**

## TREATMENT:

**68%** received an assessment in the presenting hospital

**80%** received a follow-up recommendation after discharge

**11%** left ED before a recommendation was made



**1 in 4**  
persons had a repeat attendance in 2020



**1 in 4**  
persons were attending HSE mental health services