

WHY LIVED EXPERIENCE?

- Over many years, the impacts of research on practice/real-life settings have been limited due to the lack of involving lived experience
- It can take **17 years** for research evidence to be implemented in clinical practice
- Demystifies the research process
- Skills development, research and training opportunities
- Empowering people to use their experience for a positive impact



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Introduction to our **LIVED EXPERIENCE PANEL**



Research 'with' or 'by' members of
the public with lived, or living
experience

WWW.NSRF.IE

LIVED EXPERIENCE IN RESEARCH

IMPLEMENTATION

- Advocating for change
- Using evidence
- Designing/implementing interventions

DEVELOPING RESEARCH

- Co-producing proposals
- Identifying research priorities

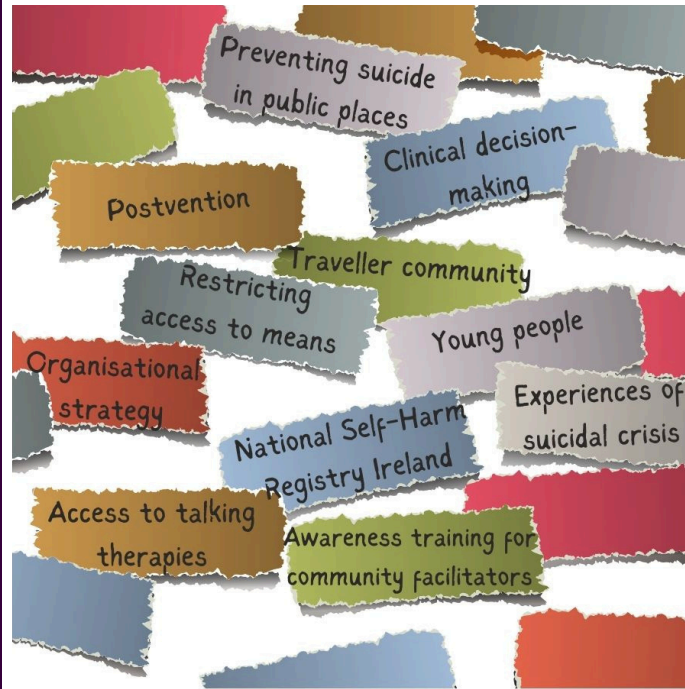
DISSEMINATION

- Co-designing outputs and dissemination plans
- Presenting research
- Writing papers

UNDERTAKING RESEARCH

- Advisory role
- Assisting with recruitment
- Interpreting findings

OUR PROJECTS WITH LIVED EXPERIENCE CONTRIBUTIONS



GUIDING PRINCIPLES

- Mutual respect, trust and transparency
- Flexible and adaptive framework and process
- Empowerment and inclusive research structures, including universal design
- Clear communication and importance of training
- Safety and ethical protocols

“We want the broadest possible range of people to contribute to – and benefit from – science’s potential to change the world.”

Jeremy Farrar, Director of Wellcome