

Foreword

DR EVE GRIFFIN, CHIEF EXECUTIVE OFFICER, NATIONAL SUICIDE RESEARCH FOUNDATION



I would like to welcome you to Issue 6 of the C-SSHRI Newsletter.

Managed by the National Suicide Research Foundation, C-SSHRI (Connecting Suicide and Self-Harm Researchers on the island of Ireland) was established as a research community specific to suicide and self-harm. We would like to thank HSE National Office for Suicide Prevention for their continued support of C-SSHRI in 2025.

Each edition of our newsletter is crafted to keep you informed, inspired, and connected with the C-SSHRI Network. This edition includes updates on the World Mental Health Day Seminar, held on October 10th as well as details of our next event – a Suicide and Self-Harm Research Workshop.

We aim to highlight the remarkable work being done by our members, share valuable resources, and create a platform for collaboration.

Whether you are an established researcher or early in your career, we hope this newsletter is a source of insight and connection.

NSRF
National Suicide
Research Foundation



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World Mental Health Day is observed every year on 10th October.

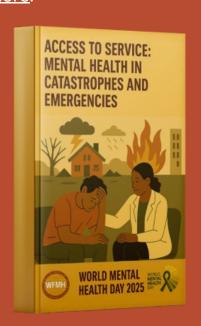
The official theme for 2025 is Access to Services - Mental Health in Catastrophes and Emergencies.

The WHO are hosting a series of events to mark the day: world-mental-health-day

Throughout the island of Ireland, events will take place during October to highlight the importance of mental health and wellbeing for us all.

- https://www.mentalhealthireland.ie/campaign/mental-health-month/
- https://www.publichealth.hscni.net/news/campaign-urges-people-take-5-better-mental-health
- https://www.activelink.ie/community-exchange/events/118058-mental-health-ireland-october-webinar-
- serieshttps:/healthservice.hse.ie/staff/events/?page=1

The World Federation for Mental Health have created a Campaign Toolkit, which is <u>available</u> here.



For more information visit: wmhdofficial.com





To mark World Mental Health Day 2025, the NSRF and C-SSHRI, in collaboration with the **HSE National Office for Suicide Prevention** and UCC School of Public Health hosted a Seminar on 10th October in Nano Nagle Place, Cork City.

This Seminar, which was the 1st C-SSHRI event of 2025, featured the Dr Michael J Kelleher Memorial Lecutre delivered by Prof Shekhar Saxena "Suicide Prevention in Changing Environments" and a Keynote Lecture by Prof Barbara Dooley "The Lancet Commission on Youth Mental Health: Global Priorities and Directions".

Ms Sarah Woods, Dept of Health presented on the development of Ireland's new suicide reduction strategy. The Masterclasses were particularly commended for their rich and meaningful discussions.

The Seminar was a day spent immersed in listening, learning and exchanging ideas.

C-SSHRI Event









Relevant link: Suicide Prevention in Changing

Environments





5TH EARLY & MID-CAREER SUICIDE AND SELF-HARM RESEARCHER WORKSHOP

Our 2nd C-SSHRI event of 2025 will be an online Research Workshop on November 12th

We are delighted that Dr Ruth Melia, University of Limerick, will present a keynote lecture on

'The Integration of AI in Suicide Research: recent advances, key challenges, and future directions'.

The Workshop will also feature a showcase of research (at varying stages of completion) from early and mid-career researchers.

Those who present their research will have an opportunity to acquire feedback on methodology and research design etc. to enhance their overall study.

All are welcome. If you wish to attend please <u>register</u> <u>your attendance</u>.

Upcoming C-SSHRI Event (online)



November 12th



10am - 3.30pm

A €1000 research bursary will be awarded for best presentation on the day.



Upcoming events & useful resources



<u>Coalition Conversations - Suicide</u> <u>Reporting. Webinar Registration - Zoom</u> Recording



HRB Webinar – Growing up in Ireland: Cocaine use in adolescence and early adulthood



<u>'Let's Talk About Suicide' – online training programme – HSE.ie</u>



Webinar Series - IASP



<u>Training • Evidence Synthesis Ireland</u>



<u>Upcoming Events</u>



MQ's Open Mind Questions Podcast



ESSSB21 takes place in Vilnius, Lithuania in August 2026.

A call for abstracts is now open. Deadline for oral and poster abstracts is 18 January 2026.

Visit: www.esssb21.org



Recent publications

June-September

- Activities of Irish Psychiatric Units and Hospitals 2024
- Alcohol treatment demand in Ireland 2024
- Shared accommodation for people with mental health difficulties with individual social housing tenancies. A pilot project.
- Making Life Better Key Indicators Progress Update 2025
- <u>Findings from the Public Consultation survey to inform Ireland's new Suicide Reduction Strategy</u>
- <u>Synthesis of Public Consultation Submissions to Inform Ireland's New Suicide Reduction Strategy</u>
- Healthy Child Health Future 2025 A Framework for the Universal Child Health Promotion Programme in Northern Ireland
- Profiling Suicide, Drug And Alcohol Deaths in Northern Ireland
- Shine Media Monitoring Report



Recent publications

June-September

- <u>Women's health treatment interventions and outcomes: An evidence and gap map review</u>
- National clinical assessment data of Indigenous Traveller women attending 24 Irish emergency departments, between 2018–2022, in a suicidal crisis: a sequential mixed method study
- <u>A co-produced national study of suicide bereavement: from experience</u> to evidence
- <u>Is Mental Health Multimorbidity Associated with Contact with Healthcare Services Before Suicide? Retrospective Analysis of Irish Coronial Data, 2015–2020</u>
- <u>Investigating how patient suicide affects personal and professional lives</u> <u>of psychiatrists and psychiatrists in training in Ireland</u>
- <u>Suicide prevention curriculum development for health and social care students: A scoping review</u>
- <u>Perceptions of Trans and Gender Non-Conforming People on General</u> <u>Health Care in the Being LGBTQI+ in Ireland Study</u>
- The NSRF Newsletter September 2025



Call for content



The next edition of the C-SSHRI Newsletter will focus on outputs of C-SSHRI members during 2025.

Outputs could include publications such as books, reports or journal articles, presentations delivered, media coverage or press briefings and relevant national or international conferences attended.

If you would like to have your outputs included in the next Newsletter, please send details including authors, relevant dates (of publication etc.) and a link to the output, if available, to csshri@ucc.ie.

C-SSHRI Network membership

Membership is open to anyone based on the island of Ireland who is involved in suicide or self-harm research; students, clinicians and early career or experienced researchers.

The aim of the Network is to enhance collaboration between researchers, facilitate a wider dissemination of research findings, increase awareness of ongoing research, and through combined experience and expertise, create a 'community of influence' with respect to suicide and self-harm policy and commissioned research.

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