



5TH EARLY & MID-CAREER SUICIDE AND SELF-HARM RESEARCHER WORKSHOP

WEDNESDAY, NOVEMBER 12TH 2025
10.00AM–3.30PM VIA ZOOM



NSRF
National Suicide
Research Foundation



School of Public Health
Scoil na Sláinte Poiblí



Opening (Moderated by Dr Eve Griffin)

10.00AM Welcome Address by **Prof Ella Arensman** and **Mr John Meehan (HSE NOSP)**

10.15AM  **Keynote lecture by Dr Ruth Melia (University of Limerick)**
'The Integration of AI in Suicide Research: recent advances, key challenges, and future directions'

11AM **BREAK**

Research Presentations (Moderated by Prof Ella Arensman)

11.15AM **Sarah O'Leary (UL)** – *Harnessing Parental Support to Promote Adolescent Emotion Regulation and Mental Health: An Upstream Prevention Approach*

11.45AM **Eamonn Byrne (TCD / National Ambulance Service)** – *'We are limited. I am limited': Self harm and suicidal behaviours, the professional and personal dynamics of providing prehospital care.*

12.15PM **Shelly Chakraborty (NSRF)** – *Hospital-presenting self-harm in Northern Ireland and the Republic of Ireland: A ten-year study of two national registries*

12.45PM **LUNCH**

Research Presentations (Moderated by Dr Paul Corcoran)

1.30PM **Miranda Kilwein (UCC)** – *Exploring acute hospital clinicians understanding of self-harm among the Irish Traveller community*

2.00PM **Niamh Murray (UCD)** – *Emergency Department Mental Health Presentations Among People Experiencing Homelessness*

2.30PM **BREAK (JUDGES TO DELIBERATE)**

Rapid Fire Presentations (Moderated by Dr Mary Joyce)

2.45PM **Ashweeja Gowda (HSE / NSRF)** – *Clinician Acceptability of a Modular Dialectical Behaviour Therapy Training Model: A Mixed-Methods Study*

2.50PM **Kerrie Gallagher (NSRF)** – *"Prepare, Support, Prevent": A suicide prevention module for undergraduate health and social care students – results from a multi-site feasibility study.*

2.55PM **Christopher Shum (HSE/NSRF)** – *Dialectical Behaviour Therapy in Your Pocket: Exploring the User Experience of a DBT App*

Closing (Moderated by Dr Eve Griffin)

3.05PM Address by **Dr Molly McCarthy**, winner of the 2024 Early Mid-Career Suicide and Self-Harm Research Workshop Bursary Award.

3.15PM Presentation of 2025 Bursary Award and final remarks